

## Lesson 95: The Relevancy of Importance - How Important Is It.

There are many things encountered in the business of day-to-day life that every individual measures and gauges in accordance with the relevancy of importance placed upon these experiences. However, if one were to examine the reasons or the motives behind the things that appear important and the relevancy of them, an entirely different perspective would rise to the surface. Many things in life tend to appear far more important than what they really are because they are psychological reactions to environmental conditioning, expectations and beliefs that over the course of time forms habituated behaviors. Even the simplest things can take on a grossly distorted relevancy of importance that holds as an absolute truth in the eyes of the beholder, so often erroneously projected at others. The intent of this lesson is to encourage you to examine the relevancy of all the things you believe are important to you or you believe should be important to others no matter how minute or how insignificant they may seem. Such an examination, when conducted with the utmost honesty, cannot help but challenge you to ask yourself how important is it and what cost are you willing to pay to maintain the relevancy of its importance, especially when it is directed at others.

The things believed to be so important in life, but seldom examined for their true worth or usefulness, tend to be mostly reactionary responses to environmental influences or internal pulses. As these things, appearing to be of such great importance, can hinder or enhance your life experiences, it is well worth the effort to put them under your mental magnifying glass and examine them at close range. The path to understanding the relevancy of the things that are important begins right where you are today. When you stop long enough to examine all the things you think are so important you will find that many of the relative beliefs trace back to childhood conditioning. Most people do not realize that they are emulating their childhood environment in their adult environment simply because they are familiar with the conditions that existed back then. Even if they did not like the conditions, they tend to propagate the same or similar conditions in their adult reality, which they do knowingly or unknowingly. It seldom crosses their mind that they can say, do or act in a very different way and that it is okay to do so, that the world is not going to end. Thus, the things that should not really be as important tend to stand front and center along with the beliefs that support the relevancy of their importance as if carved in stone.

However, the conditioning does not stop with your own experiences. As you emulate your childhood experiences, you not only project onto others the things that you believe are important, you also project the relevancy of their importance, which is an imposition on their free will and which sets up a whole new environment of conditioned behavior. You knowingly or unknowingly place others in an unrightful position, justifiable in accordance with your beliefs, to march to the beat of your drum, especially when accompanied by a do it my way or the highway attitude. When they resist or oppose

marching to the beat of your drum, you tend to enforce another set of erroneous beliefs on them that hold just as much relevancy of importance, which really is a self-defeating endeavor. No one should ever have to march to the beat of your drum or do things a certain way just because you have placed some degree of relevancy on its importance and therefore, believe that others should act in accordance with your beliefs. As the possibility of these scenarios are countless, it would be wise to consider your own position of responsibility in the light of truth, which is not the same as justifying why you think you are right.

To cover as much territory as possible in the framework of this discussion, it is necessary to examine both sides of the coin, which means that you will have to determine which side of the coin you operate from the most and why. You will have to ask yourself if you are projecting the things that are important to you at others or are others projecting the things that are important to them at you and how are you responding to that external influence. Unless some event occurs that challenges you to think in a different way, you are not likely to change your modus operandi, therefore, it follows that the current thinking pattern will continue to prevail in your reality, which may be an open invitation to enforce your beliefs on others or allow others to force their beliefs on you. This is why it is so essential that you raise your conscious awareness and be much more aware of what is going on in your environment, which includes your own behaviors and your reactions to external and internal stimulus.

People are inclined to want and need to prove how right they are, to inflict their beliefs on others and to assign a relevancy to the things they believe are of the utmost importance and then project that importance at others. This is usually because they have some point to prove or because it is a well-ingrained manner of behavior and is how they know to experience life. Where you fall into this scenario depends on your own degree of honesty. For example, enforcing a rule that the family sits down at the dinner table no later than 5 p.m., whether that is realistic for all the family members or not is to impose your own belief that dinner cannot be eaten at any other time, which in your mind equates to the possibility of the world collapsing. However, when you lighten up and realize that life, as you know it, will not fall apart at its conventional seams just because someone in the family is not hungry at five and accept that it is okay to do something different, you might be surprised at how much lighter you will feel. Not only do you project this burden of expected mealtime on others, you inflict the energy of this mental or emotional burden on your own shoulders. Just the recognition of individuality with respect to something as insignificant as appetites are just that – individual, so really what difference is it going to make if others would rather eat their dinner at a different time, like when they are actually hungry. The question to ask yourself is how important is it and why; what are your underlying motives or what erroneous beliefs are attached to the demand that everyone eats at five or does not eat at all. While this might appear to be a relatively simple or even a silly example, you would

be surprised to discover how significant the belief in eating dinner at a certain time in many households really is and the relevancy placed on the importance of doing so at the designated time.

As people do sometimes have a point to prove - theirs, they are inclined to try to sway your thinking in an effort to get you to fall in line with their own way of thinking and will do so as a means of avoiding something they should actually be facing. They will insist on placing a relevancy of importance on matters that if they can get you to adhere too by way of cohesion, they will cause you to change how you feel about a given situation, to see it their way, which alleviates any undesirable responsibility on their part. Denial is usually at the crux of such matters, as one is prone to be defensive of their own actions and beliefs while defending at all costs the things that are important in accordance with their perceptions. Attempting to take a stand against this kind of mental mindset usually proves to be an exercise in futility because once they etch their beliefs in stone; it is very difficult to scratch out those well-embedded beliefs. It truly is a mental and an emotional battle that the person on the opposite end of that stick cannot easily win, not that it is ever about winning or losing. Just attempting to express the relevancy of your own feelings can be a frustrating and defeating experience, as these people are convinced that their way of thinking and what they believe is not only the absolute truth, it is the only way, it is their way or the highway. The mental and emotional resolve to this condition is to detach with love because all efforts to express your own feelings are falling on deaf ears anyway.

But in as much as this self-centered mindset does exist, it is still worth examining the relevancy of what is deemed important from where you stand if for no other reason than to discern the possibility that the mindset of the other person could actually be rightly justified. In such a case as this, you would have to examine your own underlying motives and determine what outcome you were attempting to affect by your own actions and reactions. This includes the beliefs you not only hold to as bona-fide truths, based on your level of knowledge, wisdom and insight, but the relevancy of importance placed on them that is not in keeping with how the other person views the same situation. The slogan "live and let live" takes on a completely new meaning when you stop trying to impose the things that are important to you onto another person who does not share your same sentiments. Attempting to express the relevancy of something that is important to you but is not the least bit important to others can equate to the experience of barking up the wrong tree. The failure of these futile endeavors, perceived as an attempt to impose an unwelcomed condition on their free will, should come as no surprise when others rebuke beliefs or conditions that they perceive you are trying to impose on them because they do not see or appreciate the relevancy of the thing that is so important to you.

Everyone has the right to their own self-expression just as everyone has the right to make choices and decisions that are meaningful to them even if they are not as meaningful to someone else. Allowing for such freedom of expression can become a mental or emotional boxing match when only one person exercises their freedom of expression while the other person makes every attempt to block or undermine the freedom of that expression. It is very frustrating to have your own feelings invalidated and to feel that yours do not count because someone else has seen fit to overpower your feelings in favor of their own feelings. The fact is that one inevitably loses and the other one wins, as opposed to making an attempt to keep the door of communication open, to mutually provide a safe harbor where all feelings are relevant, appreciated and are equally important so that a common ground can be safely established. Unfortunately, it seldom works out this way, as the tendency to want your own way takes over and consumes the free will of the other person who, left behind feels as though they do not count. Sometimes getting to a place of common ground takes time, patience and a willingness to see the other person's point of view. Taking such action in no way implies that one point of view is more important or more right than the other point of view. It just means that there is enough leeway to allow for the expression of both points of view, which in the end leaves a little something for each person to learn about the other. However, the willingness to appreciate both points of view requires a level of maturity, wisdom and insight from everyone involved, as well as an attitude of respect and responsibility.

As you travel along the path of life, the level of your knowledge, wisdom and insight is relative to the things you believe are important, the relevancy of which should change over the course of time as life itself changes. If certain things of importance remain as a constant factor in your life, there is a good chance that you are not individuating, that your focus is on things that really have no relevancy, except that which you give it, which might actually be outdated and is serving no good purpose. It is like skating on thin ice by intention while denying that the ice is going to give sooner if not later. Examining the things that are important to you, as well as to examine the relevancy of them affords you an opportunity to assess, with honesty, their worth to you and to others. If others are not benefitting from the imposition of them in their reality, but are forced upon them what good are they. Likewise, if you are not benefitting from the importance of the things you impose upon yourself that affects your reality, what good are they or the relevancy you place upon them?

Holding on tight to something that is justifiably important to you and its relevancy is rightly so can actually turn against you and be far more damaging than you realize. This condition exists because there is a part of the equation that you may not be consciously aware is missing. Knowing how to make this distinction is crucial because doing so correctly can actually alleviate an otherwise difficult situation from becoming a mental or emotional disaster. While you are attempting to communicate the relevancy of

something that is important to you, but the communication is lost to deaf ears, the futility of this wasted energy is going to take its toll on you in some very unpleasant ways that you will not know to connect the dots too. Although you might be inclined to think the manifestation of something undesirable occurring in your reality is a separate incident, upon further investigation and with the right information at hand, you will find that there is nothing separate about the incident. The link to the incident attaches directly to the energy of the thing you were trying so hard to communicate, as effectively as you possible could, but not received as you intended it because it was not as relevant to the other person as it was to you. The recognition of this truth is the missing part of the equation. You simply cannot afford to continue attempting to project something that is very important to you at someone when it is not the least bit important to that person. For the sake of your own well-being, it would be a wise move to stop beating your head into the proverbial brick wall. Backing down does not imply being a failure, but rather it implies an attitude of success. The success lies in the fact that had you got your way, would the results be worth the effort in light of the fact that the other person buckled under the pressure, which in time might have given way to resentment. It just makes sense that the thing you think is so important moves on its own momentum, in its own time and in its own place, as opposed to forcing an outcome that just may not be to your liking after all.

True happiness does not come by way of coercion, regardless of the things you strongly believe are important and that you believe will bring happiness to you or others. That is simply not your call to make. You cannot force the things that are important to you down the throats of others. They have the right to their own choices and if what you are offering does not appeal to them, you cannot impose, force or coerce them into accepting something that although it is very important to you, is not important to them. This is not to say that such things of personal interest, meaning or significance should not be important to you because they are and they should remain that way. However, it is to say that when you are attempting to force or impose the things that are important to you on others and expect a desirable outcome that such action should be sufficient reason to examine the underlying motivation behind the relevancy of such things. As the experience of childhood is notorious for leaving emotional voids, things that under different conditions would not be relevant or not nearly as relevant tend to shift onto a much higher plane of relevancy in the presence of emotional voids. It makes no difference whether or not you are aware of these voids because the data, long embedded in your subconscious reacts to any condition that emulates your childhood experiences. Thus, it is possible that some of the things that are very important to you are not just the result of childhood conditioning, but may very well be the result of emotional needs not met during childhood or perceived as not being met, which is often the case too. That is why an honest assessment of the things that are important to you is well worth the investment of your time and effort, after all, it is your well-being that at stake.

Sometimes the belief that supports the relevancy of something that is important to you causes that thing to be far more relevant than it really is. In this case, it is not so much about focusing on just the relevancy of its importance as it is about placing the focus of examination on the underlying belief. Bringing the belief into the light of truth reveals any distortions, when honestly examined, and frees you from its bondage. You will know this truth when you see it revealed because you will right away experience the freedom from its negativity as it resonates its truth within you. You will see just how a certain belief has actually been holding you back and has kept you entrenched in a mental and emotional pit of deception. As the components of your beliefs are not what they appear to be on the surface, they too are worth a periodic examination to be sure of any underlying motivations that are not in your best interest, but that might be causing you to fall into those mental ditches of error in your thinking and in your perceiving. Given that your beliefs and emotions feed into one another, the relevancy of the things you believe are important can be the affect of your emotions, which in turn affects the way you view the things that are important to you, as well as the relevancy of them. If your emotions are not in balance, things that are not ordinarily as important to you will leap into the forefront and demand to take center stage. Anytime there is a sudden or significant change in your life, it is likely that some things will become very important to you that previously were not as important and are a mental and emotional red flag. It is worth your while to give these things some serious thought before they wreak havoc in your life. The sooner you focus your attention on things that are far more important to you than they were previously, the sooner you will alleviate yourself of any unnecessary emotional baggage that undoubtedly will present itself in the form of very undesirable personal experiences.

When you place a relevance of importance on something not received or accepted as you wish, but is actually imprisoning you to its mental and emotional energy, is precisely the moment when you should stop and ask yourself just how important is this thing of such great importance to you and is it worth all its mental or emotional agony. If what you desire to communicate is ripping you to shreds, psychologically speaking, you must decide for yourself to what means will you reach your end. You will have to decide for yourself if the undesirable fallout is worth the mental and emotional effort you were willing to invest or did invest into communicating that thing of importance to others. It is not that you should devalue something that is legitimately important to you, regardless of who does or does not receive it or reciprocates your efforts in a desired manner of speaking, it's just that there comes a time when the effort is not no longer worth the investment of your mental or emotional sweat equity. Putting yourself at mental, emotional or physical risk is just not worth the effort of insisting on keeping that thing at its current level of top priority. This is when you should ask yourself just how important the relevancy of this thing is to you. Is pursuing it really worth the anxiety, stress or any other emotion you feel as the result.

Another aspect is to be certain of what you are attempting to communicate because the other person you are projecting the relevancy of that very important thing at will affect them at some level of their understanding, manifested in the way they respond. While you may have the best of intentions, but are lacking clarity of thought, it is not in your best interest to continue pursuing the thing of importance if it is something you do not fully understand its implications. Understanding the reason or purpose for expressing something that is important to you and that you place a high order of relevancy too is the key to ensuring a truthful validity. Clarity of thought, that is, knowing exactly what you want and why brings an otherwise perceived matter of such great importance into its proper perspective. What would be the benefit of pursuing an important matter if your own thoughts are cloudy, if your beliefs are disabling or outdated and your perceptions distorted to the degree that your own expectations are unrealistic. This does not just apply to the things you expect of yourself, but applies to the things you expect from others whom you may be projecting your thing of importance at as if it should be equally important to them too. Of course, it is always a wonderful experience when you encounter someone who does share your sentiments, who not only appreciates the things that are important to you, but who respects the things that are important to you even if they are not important to that person. However, as this scenario is not a one-way street, you are just as responsible to accept and respect the things that are important and relevant to that person even though they may not be as relevant or as important to you.

As the conditions of life are a consistent ever-changing event, the order of the things that are important to you along the path of life should also change in their vibrational frequency as well. It stands to reason that there is the probable likelihood that a situation, condition, circumstance or event, which was very important to you at some point in your life, will lose its order of relevancy and will fall completely off your radar or will not be nearly as important to you in the present or in the future. The act of discerning the degree of relevancy is a mental and an emotional exercise that is necessary to weigh out how important the thing you are attempting to pursue at this time is still going to be just as relevant to you in the future. Since you really cannot predict where the path in life will take you, given that the circumstances of life can change in the blink of an eye, it is well worth the effort it will take to reassess and reconsider the relevancy you place on the things that are important to you in the here and now. There is the possibility that something you view as being so important right now may not be quite so important in the future and the pursuit of it may actually hinder you from the pursuit of something far more important and well worth the effort that will shape your future in a very desirable way.

In closing, we hope that this discussion prompts you to take a second look at the things that are so important to you, as well as the relevancy you place on them and project at others. We hope too that while you are exploring the things that are important to you

that you will discern for yourself how well they are serving their purpose in your life as well as in the lives of others. As always, we thank those of you who come forward and share your thoughts, make comments or share your own personal experiences and we encourage those of you who follow the weekly lessons to feel free to share with us as well.

Many Blessings,

Linda, Z and the Collective We

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