

Lesson 74: The Holy Grail of Individuality

Every individual exists amidst a vast range of possibilities of experience, whether desired or undesired, that in response to choices and decisions made, narrows down the field of certain possibilities to becoming probabilities that are very likely to occur at certain stages of their personal reality. These often unseen, unknown, undetected, uncertain, even unbelievable, though often hoped for, possibilities and probabilities are always in a state of flux, always responding and corresponding to the mathematical calculations of “if this, than that” expressed verbally or nonverbally by means of choices and decisions made that correlate to personal beliefs and perceptions, thought patterns and expectations and that inevitably result in what is actually experienced as a personal reality. It is the consequence of knowing and not knowing how to make good choices and smart decisions as well as the lessons of life learned and not yet learned that ultimately defines your personal reality. Becoming consciously aware of all the many factors that influence the choices and decisions you make becomes an art that can be learned and perfected, is a process all unto itself and is so necessary to your overall development and the building up of your individuality. The discussions in this lesson will focus on the many facets that compose the whole of your reality in which you will see the holy grail of your own individuality.

Spiritually, religiously and even scientifically speaking, there are many interpretations of what the Holy Grail really is or what its symbology represents. Its metaphoric roots are deeply embedded in ancient occult mysticism, understood only by the adepts and masters of old, such as Moses and Abraham, Pythagoras, Aristotle, Socrates and Plato, David and his son Solomon and so many other masters too numerous to mention, including those who passed through the veil as initiates of the Rosicrucian's or who became Master Masons, attaining the level of 32 degrees. The cherished alchemical secrets of these masters of antiquity, including Jesus, who intentionally spoke in parables, is shrouded in mystery, hidden behind the veil of Isis; kept under lock and key all down through the ages and still remains as mankind's most pressing secret waiting to be revealed. The interpretations of the Holy Grail gives way to many speculative schools of theosophical, philosophical and religious thought, such as the grail being an actual or symbolic cup that contains the blood of Christ, housed in an actual or symbolic Holy of Holies; just as it also presents as representing the human double helix DNA, which, incidentally, is not two-strands but is actually twelve strands of genetically encoded DNA. Only two are active at this stage of human evolution and the other ten are dormant, appearing as though they were intentionally made latent. However, in many metaphysical, spiritual, philosophical, scientific, governmental and even religious circles today the current state of the human DNA is thought to be the result of extraterrestrial experimentations that have been and are still being monitored by those believed to be the gods of antiquity. Ultimately here lies the deepest secrets yet to be discovered by mankind; magnified even more so as we approach the predicted 2012 apocalypse. But

one thing is for certain, that regardless of its true origin, the Holy Grail is very symbolic even in the minutest matters of everyday life.

It was said in *The Secret* that the nature of the universe corresponds to the nature of your song and in respect it is your own personal holy grail. This song is contained within you and the notes are those that you compose by the choices and decisions you make every day of your life along with the lessons learned and those yet to be learned. The means in which you orchestrate the conditions of your life are mathematically correlated and are perfectly aligned with every choice and decision you make. In keeping with the laws of Cause and Effect, Attraction and Manifestation, always produces a result, whether desired or undesired. Consequently, the manner in which you employ the use of your own holy grail as well as the experience of it, beneficial or not, rest entirely on your ability to be consciously aware of its presence within you. Too many people hold fast to the very erroneous belief that the conditions of their life experiences are the result of chance, destiny, bad luck or misfortune. Unless you are in this dimension working out some very serious karma and even that karma having its limit of personal burden, this otherwise self-defeating mindset could not be further from the truth. What is true is that you have contained within you a holy grail from which you can map the conditions of your life as it applies to your personal experiences by the choices and decisions you make that in turn corresponds to the level of your acquired knowledge; not necessarily academic but certainly in terms of a more deeper and profound knowledge acquired while traveling on the path of life.

Now this is not to say that some of your undesirable experiences were not very necessary means of learning, of elevating your level of understanding the matters of life from a much higher plane of comprehension, because life in this dimension is supposed to be this way. So in spite of making attempts to make better choices and more smarter decisions, there are those times when the inability to do so, or the belief that you have done so leads you on a path you wished you had never gone down. But ultimately what is important about the experience is that you learned well the lessons you were supposed to learn while there so that you do not have to go down that same road ever again, as there will be many other diversions along the path of your life where necessary lessons are waiting to be learned as well; the experiences of which are to be wholly processed and integrated and then woven into the fabric of your being. In doing so, the integration of experience, past and present, continually shapes and molds the whole of you, the result is an ongoing personal and spiritual growth process which in turn promotes your own individual and very personal evolution, the affects of which are embedded on every plane of your entire being.

Everyone has at least one predetermined path in life that they are supposed to travel on; a path that was intentional because it was specially designed for you and by you in conjunction with all those whose paths you will cross by means of synchronicity as well

as a host of karmic relationships also to be experienced with the aid of those who are serving as your living and non-living guides; sometimes serving as visible signposts to remind you of who you are and the purpose you intended to fulfill while here in this physical dimension of your life and other times serving as a means to help each other navigate the difficult paths of life. But due to a conscious disconnect from your higher mind, the choices and decisions you make, limited at best in terms of the scope of your knowledge, of possessing the right information at the right time, unfortunately and fortunately leads you down many undesirable paths where many unpredictable experiences await you. But even what appears to be an unpredictable experience is not really all that unpredictable but rather it is very much likened to a weather vane. There can be no mistake as to the direction the weather vane will always point to as it can only point in the direction of the wind that moves it accordingly. And so it is with the experience of life, as it too moves in the direction of the force that gives it its movement which is the choices and decisions you make each and every day and the effects of them.

The Holy Grail that is contained within you corresponds to the path you choose to travel on. The path itself is laid out before you just as it is because it too corresponds to your own personal and even your collective experiences. These experiences, which are rooted in your childhood, begin to take shape and consequently become the metaphoric measuring stick by which you value your self-worth and create your identity as you move through the stages of your life. From these early experiences your beliefs are formed; your thought patterns are structured, even to the point of becoming habitual as the details of them are stored not just in your subconscious mind but are stored in every cell in your body and are even stored in your auric body. Consequently, you reach a point in your life where you habitually respond to certain emotional associations time and time again until you become consciously awakened and the chain of destructive habit is finally broken on all levels. While your beliefs are being formed and your thought patterns are being structured, your feelings and emotions take on specialized roles of their own. They will either serve to enhance your experiences or they will be the very catalyst that throws you off course, sends you in all but the right direction, in hot pursuit of seeking the fulfillment of your needs, wants, desires, dreams and goals; regardless of the costs, guaranteed to be encountered, and the lessons that are waiting for your arrival. Now as if this isn't enough personal and environmental conditioning to contend with, there is the delicate matter of your expectations – of yourself, of others and what you expect to achieve or accomplish during the stages of your life. Here is yet another means by which many a life changing lesson is hard learned as you travel down the road of hard knocks with your blindfold on; bouncing off many a metaphoric brick wall. And then to add insult to injury is the even more crucial matter of your perceptions and the degree to which they are skewed; this is where reality is no longer real but becomes an illusion, created in the confines of your own mind, supported by the limitations of your lower mind - your ego, who nestled down in its desired comfort zone, won't even

concede to the possibility of an overhaul in terms of your experiences and those who will enter into your reality to assist you, thereby, furthering the extent of your own potentials and possibilities; a state of affairs that is much to threatening for the limitations of your ego.

So although on the surface there appears to be many contributing factors that seem to be working against you, the fact is that the mathematical equations that manifest as your reality can be changed or at the very least aspects of it can be altered because your present conditions are what they are for the time being. The Holy Grail within you can always be redesigned or re-programmed so that you can eventually change the conditions of your life, even while in the midst of a personal crisis, but you have to choose to effect any desired changes for yourself, as this is your song and it is you who composes the notes to which the universe can only to respond in accordance with the vibrations of those musical notes. So the notes themselves must change and perhaps even drastically depending on the personal conditions that beset you, right here, right now. Now while this is always thought to be easier said than done, nonetheless, with the degree of effort you are willing to invest in yourself to change the undesired conditions of your life, change itself can be accomplished, often subtle at first. Such changes can actually penetrate the layers of cause and effect but not with a negative, fearful or disbelieving mental or emotional mindset. This is not to say that you will not or should not feel your emotions because you absolutely need to allow any strong emotions to surface, just as long as you do not act on them in a negative way, which means not lashing out at anyone or anything. But more importantly is to make a concentrated effort to pull yourself up from out of your pit of disparity. This is not a physical exercise, it is a mental exercise and it will require your willingness to see your reality for what it really is, as it really occurred, not what you think, believe or perceive occurred or what you expect it should have or could have been. This is a very vital step and is where you actually begin recomposing the notes of your song to which the universe will begin corresponding to accordingly. So although the trap door may have opened and you have fallen into a pit of disparity, in no way implies that you should remain there indefinitely but that you can begin the climb back up from the darkness of the pit into the bright light of the day.

Your own innate holy grail is only as good or beneficial to you when you realize that you are empowered to change the circumstances of your life which you do by taking one step at a time. But that is just the beginning as you will have to consider the path you have already taken and the circumstances that brought you to where you are today without the need to blame someone or something exterior to yourself, as doing so will only serve to stall the process. Recovering from a personal crisis or just being stuck in what seems to be a perpetual personal rut takes time and some degree of undoing, karmically speaking to change the course of its direction. So it becomes not just necessary but is vital to your ability to move forward; that you not only examine the conditions of your

life that got you to where you are now, but that you allow the truths to unfold; to reveal to you what you need to learn about yourself and your circumstances which is far more important than attempting to justify or rationalize all the what if's. The possibilities that existed prior to the choices and decisions you made were indeed narrowed down to probabilities that would have to occur in your reality at some point and time, as this was inevitable. The bottom line is that like it or not, your present circumstances are what they are and the only real means of overcoming them is to meet them head on by allowing yourself time and even space to come to terms with them. This is a phase that is necessary to go through as even the Bible (Isaiah 43:2) does not speak to *if* you go through the fire, but speaks to *when* you go through the fire because going through the fire of life is a sure thing. But it is from the ashes that you can rise again, rebuild yourself, embrace the truths that are revealed and move forward knowing that although you might be in the midst of circumstances that are not the least bit desirable, you are, nonetheless, about to undergo a significant transformation if you will allow it to occur on your behalf. This is the holy grail of your individuality!

So you begin to effect and implement change by first accepting that the bottom has fallen out, that you do have the right to feel as lousy as you feel, that these feelings are very real and that you do need to express those strong emotions in the safety of your private moments; to even share some of your feelings with those who love and care about you, always bearing in mind that they too are on a journey, so while well intended they can adversely influence you which is not a good thing. To accept the fact that you are in a rut or have fallen into a pit of disparity, that you can dig or climb your way out, but that the digging and climbing will take some time because there are going to be certain truths that will be revealed on the way out or up that you will have to process and integrate in order to see the significance of them, and having to do so while you are processing your feelings and emotions. And as you are processing, you are activating your own internal holy grail; you are effecting an internal change that will in turn affect an external change that is relative to the situation itself. As this stage of processing and integrating the truths that are revealed to you, and as you make every effort to dig yourself out of the hole or climb up out of your pit, regardless of how you got there, the notes you are composing take on a very different sound, which equates to a different vibrational frequency because the notes themselves, when played on an instrument, actually oscillate and vibrate as they travel through the electromagnetic atmosphere, which is what makes the sound to begin with.

Your own personal holy grail is always within you, it is always accessible and it is always forming and shaping your individuality, but does so in accordance with the notes composed in your own song. So the song you transmit into the airwaves should be one whose musical notes will produce a desirable result and should, all onto itself, be very well worth your while. Your self-worth and your identity as an individual should never be gauged or measured by the standards of anyone but yourself. So when the

unexpected matters of life press down hard on you, you do not have to go down with the ship. You can stay afloat but first you have to want too. There are no conditions in life that warrant permanent personal destruction, even though changes and alterations do occur, you are, nonetheless, a spiritual entity having a physical existence for the sake of experience; to learn and to overcome certain issues, personal to your journey and of course to evolve by the waking of your consciousness. As you come face to face with the truths that define your own personal reality, you attain higher and higher levels of conscious awareness to the degree that the kind of issues that once plagued you, that once wreaked havoc in your life, in time literally fall completely off your radar; they become a thing of the past, are lessons well learned, sometimes are even life changing. And as you keep ascending the ladder of conscious awareness, life will put those lessons learned to the test. There will be unforeseen circumstances and events that will occur along the way if for no other reason than that when much is learned, that much more is expected of you as this is how you evolve over the course of time. So even though you will work out many issues all throughout your life, that is, if you are willing to do so, you can, of course, remain right where you are, wallowing in your pit of disparity or stay stuck in your rut while blaming everyone and everything that comes to mind, including yourself, which serves no beneficial purpose except to identify your role in whatever brought you to your demise in the first place; accept it, process it and move on. So from time to time you will be confronted with unexpected situations that will require you to put forth every ounce of effort you can possibly squeeze out and then some, along with applying every bit of knowledge you have acquired along the way. These will be the times when you will both want and need to be very familiar with how your internal holy grail can work to your advantage, not to mention it will be the stabilizing factor that will keep your metaphoric ship from sinking and will help you to compose a new song, with new notes, thus directly shaping and reshaping, molding and remolding your individuality.

In closing we sincerely hope that we have brought to your attention a means by which to better understand the nature of your reality and how you can effectively create desired changes by activating your own internal holy grail, that in of itself, creates for you a mathematical formula that will correspond to the nature of your song, as it is the holy grail of your individuality. We hope that you will continue to share your experiences with us, and for those of you who have not yet done so, we encourage you to feel free to share your thoughts, comments or to ask questions.

Many Blessings,

Linda, Z and the Collective We