

Lesson 67: Understanding the Law of Manifestation

Recently an inquiry was made regarding the matter of manifestation and why some desires are more easily manifested while others are not manifested in the time frame in which they are expected to manifest, especially under very favorable conditions or in some cases are not manifested at all. Knowing that many others could benefit from an in-depth description of how desires are or are not manifested validated the need to examine the Law of Manifestation from its many different facets. Although the matter of manifestation has been discussed in previous lessons, it has not been wholly addressed in any one lesson; therefore, the matters concerning the Law of Manifestation will be more closely examined in the course of this lesson. The discussion will begin by first defining the word manifestation and will then focus on describing the many different facets of this universal law of operation so as to provide you with the means to better understand how this immutable law is operating in your own personal reality.

Dictionary definitions of the word manifestation are described as an event, an action or an object that clearly shows or embodies something; the action or fact of showing something in a particular way; is readily perceived by the eye or the understanding as being evident, obvious and apparent or in plain sight. The definition of the word manifestation becomes a little more complicated when viewed from a psychological perspective; nonetheless this perspective will also be examined in the course of this lesson because of its significance in helping you to understand how the Law of Manifestation operates. Of equal importance is an understanding of how the process of manifestation begins to take place.

In the confines of your mind, where your thoughts cohere with your feelings and emotions, your beliefs and your perceptions, a reality is formed and is manifested in response to something you desired to experience. Sometimes these realities are manifested right away whereas other times they manifest as future events. In other cases they appear to not manifest at all but because their appearances are often so subtle, you do not recognize the manner in which they manifest in your life and even when they are noticed they seem to be unrelated to your desires when, in fact, they are related far more extensively than you realize. It is these seemingly non-existent manifestation of realities in response to your desires that from a psychological perspective are worthy of a closer examination. Not only is it to your benefit to understand how the Law of Manifestation operates in terms of what becomes the realities you experience throughout the course of your life, but it is equally beneficial for you to understand how this law of operation is also at work on planes other than the one your are most consciously aware of, which in this case, is limited to the boundaries of third dimensional and very sensory-related experiences. Given that you are having your physical experiences on this 3-D plane of reality and it is the one that you are the most consciously aware of, in a sense limits the awareness that you may actually be

experiencing realities in other dimensions, which of course you are not consciously aware of, nonetheless, it does not mean these other realities do not exist. Since you do not exist solely on this one plane of reality, it is very likely that you are indeed having simultaneous existences on other planes of reality in which you may be experiencing the manifestation of the very same desires you wish to manifest here in this reality. Although these non-physical planes of reality appear to exist separate from one another, they are intricately connected to one another but because mankind has not yet evolved from its present state of conscious awareness to the point where it can jump the quantum barriers of space and time, where it can send, receive, interpret and integrate more than one reality at a time remains outside of conscious awareness. However, the gates of these other realities and the dimensions in which they are occurring are open to you on a quantum level. Meditation or astral travel offers a means with which to exit the confining boundaries of your third dimensional conscious awareness and enter into an unbounded sea of consciousness that extends into other planes of reality that are occurring in other dimensions.

This is a spiritual/metaphysical concept that is easier to accept when you give thought to the idea that you exist in spirit first and foremost and that this aspect of your being truly knows no boundaries other than the ones you place upon yourself while in your flesh and is one which you bound yourself too in accordance with your environmental conditioning and your core beliefs. When you can accept the unbounding idea that you are capable of so much more than the limiting and restrictive conditions you knowingly or unknowingly bring to bear upon yourself, you cannot help but want to set yourself free from these restrictions and become aware of your other realities in which you may be surprised to find that you are having similar or very different experiences. You may find that in one reality you have already worked out a particular issue and you can even draw from that reality to help you work out that same issue right here in your 3-D reality. You may also discover that you are actually living out a dream and materializing a desire in another dimension of reality. Just because you have no physical evidence of these other existences that are occurring outside of your current physical reality does not mean they do not exist. You can tap into your other realities by invoking your Higher Mind or by acting on your own intuition or feelings that are not knowledge based but are heart based feelings which unlike your knowledge based feelings can be relied on.

So having challenged you to think way outside the box of familiarity in addition to probably provoking some well established beliefs sets as well, serves as a means to launch the remainder of this discussion, that in the end, should definitely have broadened your scope of understanding the Law of Manifestation and having done so without the imposition and restriction of any set core belief structures. To achieve this goal it is necessary to turn back and examine the basic fundamentals of how the Law of

Manifestation operates which will help you to better understand how and why you do or do not manifest certain desirable experiences in this reality.

The method of the operation of the Law of Manifestation is always relative to your own thoughts, feelings, beliefs and perceptions. And while this may sound like a broken record, nonetheless in most cases it is the very foundation upon which you will or will not manifest the things that you desire in this reality. In this sense you are the controlling factor and the law of manifestation is merely the respondent, its effects are the results of your causes. This is the first fundamental that must be understood before proceeding any further because if you do not accept that you are the cause, the creator of your own realities, even when your realities are influenced by external sources, you will not be able to interpret the results especially when the results manifested are subtle, whether desirable or undesirable. At this point it is beneficial to stop and examine the subtle and not so subtle effects of external influences. All throughout the course of your life there are external influences that threaten to negatively affect the quality of your reality to some degree and can even have a dramatic effect on your reality but these effects are only proportional to your inability to see them for what they really are and then to control the impact of them in your reality. Therefore, the less aware of how you are allowing these influences to affect the quality of your reality, the greater is their negative impact on you. Likewise the more you are aware of the undesirable affects of any external influences, the less of an impact there is in your reality. The reason for this is that when you are exposed to external influences, under any conditions, ultimately there are choices and decisions you are always free to make in response to these undesirable influences. Not only are the quality of the choices and decisions you make in response to external influences crucial, so are the timing of your choices and decisions because they do have a direct impact on how soon you are able to overcome the negative mental or emotional push being directed at you. When you can grasp this on a deeper level you can move through external influences much quicker. At the moment when you can accept the fact that there really isn't anything in life that can ultimately hurt or destroy you, is the moment when you can make a conscious choice to not accept any negative effects forced upon you from an external influence.

These choices and decisions are based on your core beliefs, that is, those set beliefs that have been molding and shaping your life experiences during the course of your life, thus forming the kind of things you experience in your life. An example that many people can relate to is the kind of unfortunate experience that is typically directed at you during childhood, usually by someone of an authoritative position who saw fit to describe or define your innate characteristics as being something other than what they really were. These people acted on the level of their knowledge in accordance with their own beliefs and perceptions and obvious limited understanding as well as their own environmental conditioning. These erroneous negative descriptions and definitions are just that, they are erroneous at best but if you internalize them as a bonafide truth, rather than to

accept them as a challenge that you can overcome by allowing them to set in as disabling core beliefs, you will not be able to overcome the negative mental and emotional affects which will continually manifest in your life experiences. Thus, your attempts to manifest the things you desire will be in vain more often than not. It is for this reason and this reason only that reflecting on past childhood experiences is beneficial, but should never occur with the intention of pointing a finger of blame. Doing so will automatically land you in the grips of that very destructive and most debilitating “victimized” mindset and is one in which you will spin your wheels into a very deep psychological rut. Thus the realities you experience will, without a doubt, be a perfect reflection of your ingrained beliefs that cohere with your victim mentality, and usually do so with little or no effort on your part because the condition has not only formed and materialized on the physical plane, it has also formed and materialized on the psychic plane as well. Energy healers know that to heal the undesirable affects from any negative energy that was inflicted on you by means of external influences is not just healed on the psychological level but must also be healed on the psychic level of your being to really be effective. Some energy healers are able see both the auric layers and the colors of the auric layers of the person undergoing the healing as well as having the means with which to determine the condition of the chakras, i.e. the direction the chakras are spinning in and whether or not energy is actually flowing freely through the chakras or if energy is being blocked off in any particular chakra due to an unresolved issue on the mental, emotional or physical plane regardless of which lifetime the unresolved issue originated in. To manifest desirable experiences in your life means that you must take hold of the reins of any negative external influences inflicted on you by a persona, place or thing by making conscious choices and decisions to no longer allow that experience to negatively affect you any further. The means by which you can identify the affects of external influences is to reflect on how you knowingly or even unknowingly reacted to the conditions that were inflicted upon you in accordance with your own thoughts and feelings, the strength of your emotions, the beliefs you held and the way you perceived the experience because sometimes perceptions can be quite skewed.

It is the process of aligning your thoughts and feelings, even your emotions and especially your beliefs and your perceptions that ultimately sets the wheel of manifestation into motion and determines what direction it will spin. It stands to reason that if you wish to experience something desirable but your own thoughts, feelings and emotions, beliefs and perceptions do not align with what you hope to experience, you can be assured there is little chance of actually manifesting your desires but what you can expect to manifest is something that will be the polar opposite of your desire or simply nothing at all. The story of successful people is that they manifest their level of success because they sincerely see themselves doing just that – being successful, thus they do not lose sight of the finish line. Success is not something they perceive as

just a goal worth accomplishing; it is a heart-based feeling as well as an unbendable mindset. They not only see the finish line which is the goal they wish to achieve, they actually feel it and live it within the fibers of their being, they feel themselves succeeding in their endeavors and they expect nothing less. Their belief structure is such that they are wholly integrated with the belief in their ability to reach the finish line and they are setting the parameters in place as they go. They are not only wholly integrated on the physical plane of their being but they are wholly integrated on the psychic plane as well, regardless of whether or not they understand it as a spiritual/metaphysical fundamental.

Yet even under these very favorable conditions there is still the possibility of not being able to manifest something that you desire, but be assured that there are valid reasons for this. Although the explanation that follows might at first appear to be a convenient excuse for an otherwise unexplainable situation, make no mistake in accepting the fact that there are very valid reasons that do indeed not only explain but justify the reasons why you might fail to manifest something that you desired even under the most favorable conditions. However, as valid as these reasons are, they are not usually apparent right away but become very apparent in due time. Thus, it is not wise to put a lot of thought into trying to figure out exactly what went wrong because it isn't so much about discovering what went wrong as much as it is about being patient until the reasons become apparent, and they will.

Sometimes the manifestations of your desires are blatantly obvious and other times they are not so obvious, in fact, they can be so subtle that you wouldn't know they manifested if you fell over them. Such forms of manifestation can be so obscure as to give a false impression that nothing manifested when indeed something did manifest even though the results are not the least bit apparent, therefore, leading you to believe that your desire was not manifested when in reality it was. It may have manifested as an aspect of your desire because a full manifestation was just not possible or feasible at the time or perhaps something occurred on a psychic level that blocked or hindered the desire from being fully manifested. Of course there is always the possibility that what you desired happened to manifest in some way, shape or form that you were not expecting to experience in your reality. Because there is no end to the things you can desire to manifest in the course of your life, there is, likewise no end to the means in which these desires can and most often will manifest but you can be assured that what you desire and the manner in which it will manifest will be relative.

There is much more to the business of manifestation than what most Law of Attraction prosperity gurus are willing to openly discuss and one of those issues has to do with the issue of time. The LOA gurus are not keen on disclosing the matter of timing because they know that timing issues along with a few other issues they are also hesitant to disclose can send you running in the opposite direction of them being able to profit from

your own burning need to manifest your desires and your willingness to pay them your hard earned money for the right to learn their so-called prosperity secrets of manifestation. But this discussion isn't about any enticing prosperity secrets being told to you for a sum of money. It is about you knowing that there is something more to the business of manifestation which does not always end in your desires being manifested and especially in the timeframe you expect them to occur. Timing is a very important facet of manifestation and, therefore, is an integral part of the equation which must be taken into serious consideration when attempting to understand how the Law of Manifestation operates. There is a timing factor attributed to what you desire that does not only tie into the level of energy you give to what you desire or to the visions you hold in your mind or tack on your vision boards and even express an attitude of gratitude about but rather it ties directly to what is good and best for you as opposed to what you think or believe is good or best for you and the perfect timing of that manifestation. Just because you desire a particular experience in your reality, and the timing of it, does not mean that such an experience is ultimately good for you or is even necessary. This is one of those occasions when a force much greater than your typically underdeveloped ego and what it deems is necessary for it to experience on the physical plane, counteracts the manifestation of a desire on your behalf. The counteraction might very well be the result of your Higher Mind influencing your choices and decisions, and is therefore, steering your path away from a potentially dangerous situation, not necessarily physical or life-threatening, but is perhaps a risk to your well being on the mental or emotional plane. Also there is every possibility that deceased loved ones as well as spirit guides or a guardian angel might also be intervening on your behalf. Either way, these unseen spiritual forces know what you do not know and see what you cannot see, and under certain circumstances they will act on your behalf.

Because the whole purpose for physical existence is to learn how to overcome certain challenges, such as the potential negative effects from external influences, or to learn how to overcome the often debilitating effects of strong emotions, as well as to become aware of and fulfill the ultimate purpose for your life, lends itself to the need to understand the Law of Manifestation in terms of what desires will or will not be manifested. Many times the things you desire to experience bring with them consequences that are not very desirable. In some cases these kinds of manifestations are far worse because not only do you realize the manifestation of your desires but you also experience the undesirable manifestation of unexpected things attached to your desires that are evidenced in the circumstances and events of your life experiences. These are things that were not taken into consideration mostly because you did not think the situation through carefully or perhaps you left the aspects of manifesting your desires to the whims of chance, in which case you manifested something other than what you hoped for. In addition to the timing issue is the fact that although you may desire something in your life experience and that desire burns deep within you, the

timing of its arrival is just as important as how it arrives in your reality. It is definitely not in your best interest to anticipate the manifestation of something that you are not really ready for because you have not yet set in place the necessary parameters. You must also understand that with manifestation comes a relative degree of responsibility and accountability. What good would it do you to manifest an experience prematurely, say for example, one that you are not financially or academically prepared for or are mentally or emotionally ready to receive?

If you watched the video or read the book, *The Secret*, you would have learned that the road to manifestation contained three essential steps. The first was, of course, to ask. This step means that you must be very specific not only in stating what you desire but more importantly is how you state your desire, whether in your thoughts or by your words because both means of communication are energy based. The Law of Manifestation does not read between the lines, therefore, you will always get in return exactly what you asked for. Thus, the adage, be careful of what you ask for is not a joke but more importantly is to be aware of how you think your thoughts and state your words. Thoughts are a form of energy that transmits a measurable electromagnetic signal, whether or not you are aware that you are transmitting a signal. Also you should be aware that you will manifest things you did not ask for, at least not consciously but nonetheless did so because you gave thought to or spoke words that were in the form of a request or a directive, consequently, a signal was transmitted and received by someone, something or someplace in which there will be a return result of equal value as like always attracts like.

The second step is to allow the powers of the unseen forces on the psychic and universal plane to respond. This is a very important step because it goes much deeper than what was said in *The Secret* or is told by prosperity gurus. This is also the one step that will test your patience as well as the authenticity of your desires. What this boils down to is that once you have transmitted your desires, you must then allow time for the actual manifestation of your desires and as was stated previously, what actually manifests will absolutely be relative to your thoughts, feelings and emotions and especially in accordance with your beliefs, and of course, last but not least are your perceptions. The energetic coherence of all these factors will indeed either produce a desired result or will produce an undesirable result and extended further is the possibility of your request producing much more than what you desired to manifest which again will either be desirable or undesirable.

The third step requires you to actually be in a position to receive the manifestation of your desires. The warning here, of course, is to not ask for something you are not ready, able or even capable of receiving in any capacity. Manifestations work on a psychic level too, therefore, you are calling something into existence that might have more of an impact than what you bargained for. The antidote to manifesting things that are

undesirable is to carefully think through the consequences of your requests before you transmit them. Unless you know beyond the shadow of a doubt that you are following intuition, you should always examine your desires for their authenticity which is simply to examine the underlying motivation for your requests. There is no doubt that if your motives are selfish and deceitful, you will indeed manifest what you desire but in manifesting your desires, you will also manifest things that you did not desire because you did not count the cost to yourself or to the others who may be involved. These manifestations may be inconspicuously cloaked or hidden behind an unseen veil and because of this you would not think of these things as being attached to the manifestation of your selfish or deceitful desires, nevertheless, the evidence of the karma is surely visible whether or not you recognize it as such.

In bringing this extended lesson to its close, we sincerely hope that we have provided you with a more in-depth means by which to better understand the Law of Manifestation and how this law is operating in your own reality. Please feel free to share your thoughts, comments or personal experiences. We especially want to thank the reader who freely shared their personal experience with the matter of manifestation which inspired us to share this very important matter here on the website.

Many Blessing,

Linda, Z and the Collective We