

## Lesson 65: Projecting Consciousness into Fields of Potential Reality ~

Most people are unaware that when they are focused on an intentional thought, they are actually projecting their consciousness outward into fields of vibrating wave energy that coheres on harmonious frequencies from which a like-kind reality will be manifested. Due to quantum entanglement, intentional thought inevitably results in the manifestation of a reality, experienced on the human plane as conditions, situations, circumstances and events. Realities are brought into existence not just by the intended thoughts of an individual but are also co-created with others of like thought and intentions. In this entangled field of electromagnetic energy waves, thoughts cohere with the energy of other like-kind thoughts, thus becoming a solid or non-solid reality. Realities are created and experienced whether or not the means of manifestation or the timing of them is realized as being the result of a particular thought or even the action of a thought. Even when certain realities are desired, the end results are not always what was anticipated or expected unless the thinker is acutely aware of the physical (scientific) and the non-physical (metaphysical) processes of intended thought. But due to a general lack of awareness or a disregard of the mechanics of thought from a metaphysical and quantum perspective, undesirable outcomes are the manifested result. These results are attributed to the combination of limiting thoughts, disabling beliefs, distorted perceptions and unresolved feelings and emotions. If you are not in the habit of being consciously aware that the realities you experience are created by the energy of your own thoughts, this lack of awareness does not circumvent the undesirable effects from the causes associated with the realities manifested. Therefore, the importance of becoming aware of how you are projecting consciousness into a field of vibrating energy that instantly coheres with other like-kind thought energies and returns in the form of a reality, desired or undesired, is vital to the quality of your life experiences. The purpose of this lesson is to not only help you understand how you project consciousness into these fields of potential reality but is also to help you understand the difference between what is real and what is not real. To accomplish this goal, the discussions in this lesson will focus on the metaphysical, spiritual and quantum aspects of projecting consciousness into fields of potential reality.

The discussion of how you project your consciousness into a field of potential reality begins by understanding that focused thoughts are the basis of every reality created and ultimately experienced, individually or collectively. But it does not end here because the process of thought involves a more profound understanding of what a reality really is. When the metaphysical, spiritual and quantum concepts of reality are compared to accepted dictionary definitions they are not necessarily one and the same. By dictionary definition, a reality is said to be a state in which something exists and is actually experienced or agreed upon individually or collectively. However, this is not always true because there are states of existence that have the quality or the appearance of being real and can even take on the resemblance of being real but are really an

illusion. These so-called existing states, whether agreed upon individually or collectively, are subject to the interpretation and perception of every observer and whose individual or collective beliefs and expectations actually shapes and forms the reality. Therefore, a reality can exist as an illusion in the mind of the beholder even though it is perceived as a bona-fide existing reality and is even experienced as an existing reality, whether individually or collectively. Because these distinctions are so misunderstood, the matter of defining a personal or a collective reality and the experience of it are even more problematic when cause and effect are factored into the equation.

Unfortunately the immutable law of cause and effect makes no distinctions between what is real and what is perceived. Thus, what exists in concrete form and what exists in the space of illusion is equally subject to the principle of cause and effect. The law of cause and effect states that every cause has it like-kind effect and that all effects can be traced back to a first cause. The obvious goal is to learn how to discern what is real in your personal environment and what is perceived as real for the sake of avoiding the unpleasant side effects of cause and effect, otherwise known as consequences or karma. It is enough to suffer the consequences of cause and effect as the result of an undesirable reality that actually does exist, but it is another thing to suffer such consequences as the result of an illusion held in the confines of your mind, perceived as an existing undesirable reality. The energy of intended thoughts whether illusion or not are nonetheless projecting consciousness outward into electromagnetic fields of potential reality from which a result is always manifested.

The basis of every reality, whether it exists in concrete form or is an illusion held in your mind, begins with your thoughts. Although the process of creating a reality is intertwined with your thoughts, feelings, beliefs and perceptions, it is your thoughts that ultimately shapes and forms the realities you experience in your life which always corresponds to your feelings, beliefs and perceptions as the result of conditioning. Your personal environment has been conditioned from as early as childhood and the roots of that conditioning are embedded in every part of your being. Consequently, your conditioned environment not only lives inside your entire body and mind, but it also forms the fabric of your life experiences, manifested in the situations, circumstances and events you encounter in the course of your life. These experiences, whether they are based on a foundation of real truth or are the illusion of a truth, which is a perceived truth, are nonetheless, your reality. As you give thought to the conditions that are shaping your life experiences you will either perceive those conditions to be a positive or negative influence in your reality and it is these influences that you will focus on more often than not. The more you focus on the influences that you believe or perceive are positively or negatively affecting your experiences, the more thought and energy you give to them, thus projecting consciousness outward into the energy fields of potential reality which will inevitably produce a desired or undesired result. The influences that are of a lesser importance or significance in terms of how they are affecting your overall

experiences will eventually fade out of your conscious awareness. The positive or negative energy they carried will like-wise diminish and eventually fade away.

As you concentrate on a particular train of thought, you are actually projecting your consciousness outward into electromagnetic fields of potential reality that can produce a polarizing effect. This occurs when your intended thoughts do not match up with your feelings, beliefs and perceptions, regardless of the combination of them. The thoughts you are projecting into the field of potential reality must match up with your beliefs, feelings and perceptions if you expect results that are going to be desirable. An example of this kind of mismatch occurs when you desire a particular experience to enter into your reality, but in spite of your best intentions that experience does not materialize or materializes as an undesirable experience. This unfavorable condition occurs because what you are feeling or what you believe as a truth or how you perceive yourself and the situation does not line up with your intended thoughts. For example, if you desire to be successful in some manner of speaking and you give a great deal of intended thought to that desire but your feelings, beliefs and perceptions are not in alignment with your thoughts because you fear failure, the success you desire cannot materialize because you have polarized your own thoughts. In so doing, you have transmitted that polarized thought into the electromagnetic field of vibrational energy which coheres with a harmonious frequency whose thought energy and other energies perfectly aligns with your polarized thoughts. The end result is that you will not materialize your desired outcome or you will manifest a reality you did not desire because; say for example, your fear of failure polarized your desire for success in which case you manifested a form of failure.

Whether you are creating a whole new reality or are reshaping an existing reality, in response to the conditions of your environment, the pulsation of unmanifest energy is vibrating on a harmonious wave frequency that corresponds to the magnetizing energy of your thoughts in conjunction with your beliefs, emotions and perceptions. Consequently, a result is processed and will manifest in your reality, cloaked in a situation, circumstance or event that will be a desired or an undesired experience. However, due to an unpredictable lapse of time in manifesting a result, you can easily lose sight of the effects your intended thoughts are having in terms of what you experience as your reality. Thus a lapse in time can render you incapable of connecting all the dots from start to finish, thus making it seem that the realities manifested during the course of your life are not connected to any particular intended thought but are random chance experiences. Such a mental analysis could not be farther from the truth. At this phase of human evolution, not all realities are instantly manifested which actually works to your advantage because the delay in manifesting a reality provides a period of time to change or alter your reality. Unfortunately this period of time remains undisclosed, shut off from your psyche, and is prone to manifest realities on no certain time table. So, in this respect, time is of the essence.

Although you may not be consciously aware of the polarization affect that is created by your misaligned intended thoughts, its affects are very apparent when you know what to look for while you are processing your intended thoughts. Paying close attention to your feelings can give you a clue as to the validity of the thought you are not only focused on but are formulating into a reality. For example, if your attention is focused on a thought that relates to a feeling of anger, the reality you are formulating in your mind is sure to become an undesirable experience because the energy of that anger is cohering with other like-kind negative energies on the same harmonious frequency. In this respect the metaphysical fundamental which states that like attracts like and thoughts become things rings all too true. Consequently, your thoughts and your feelings will drive you to manifest an experience whose effects might just be more than what you bargained for, complicating matters that much more. Unfortunately, your beliefs will back your feelings as will your perceptions, thus the unison of your feelings, beliefs and perceptions will feed your thought process which will produce a result in the form of a manifested reality because you have projected your consciousness into that electromagnetic field of vibrating energy, which has a polarizing effect due to the attraction and coherence of harmonious energy frequencies.

This is why it is so crucial that you not only examine the contents of your intended thoughts, but that you also examine what is behind the thought you are focusing on; what is the driving force behind it and what do you expect to gain as the result of having focused on a particular thought as opposed to processing and integrating the feelings, beliefs and perceptions associated with the focused thought. This is a very serious consideration because you are equipped with the power to consciously choose what direction you will go in, therefore, the resulting outcome rests on the choices you make. So to avoid making a poor choice that is going to bring with it undesirable consequences, it is best that you think through your intended thought very carefully before you manifest an undesirable result. You are in control but the moment you give way to blame, even if you blame yourself, you have defeated your own cause because the energy of your focused thought is directed outward and by the principles of universal law, has to produce a like-kind result. Consequently, you are projecting your consciousness in a direction that is not going to end with a desired result, in which case you will have to endure the consequences and hopefully learn whatever lesson will be waiting there for you.

Because your focused thoughts are not idle forms of energy that are parked in neutral, but rather are pulsating forms of unmanifest energy that eventually produce manifested results, the only way to prevent creating undesirable realities is to examine what lies beneath the surface of your focused thoughts which, of course, is always subject to the scope of your understanding, taking into consideration the impact of your feelings, beliefs and perceptions. The more you explore your feelings, beliefs and perceptions as they relate to your present and past circumstances the more you expand your scope of

understanding and the more successful you will be in unveiling the root of your thoughts in conjunction with your feelings, beliefs and perceptions. This process is a layering affect, thus the layers must be peeled away in order to reveal the actual root cause, not a perceived root cause which are not one and the same. Eventually, the art of projecting your consciousness outward, into those electromagnetic fields of potential reality, becomes an exciting adventure which opens the door wide to the possibility of creating new realities and even reshaping existing realities that are actually desirable and beneficial, not just to you, but to others as well.

When you first become aware that you are empowered to positively affect your own reality and you process your intended thoughts to the best of your ability, there is still no guarantee that the results manifested will be to your liking initially. However, you will begin to notice changes, although these changes will be subtle at first. The ability to manifest desirable outcomes is successfully attained after the principles and fundamentals of manifestation are thoroughly understood and are integrated on every level of your being. This is a process that does not necessarily evolve over a long period of time, but does evolve from a higher plane of comprehension because it involves the ability to mentally and emotionally process and integrate your feelings, beliefs and perceptions. There are some people who grasp this level of comprehension faster and can change or alter their realities fairly quickly, whereas others need longer periods of time to learn how to process and integrate the principles of manifestation; a level of accomplishment that is often attained by having traveled down the road of hard knocks.

The degree in which you change or alter your reality coincides with how you perceive your circumstances. As you give thought to the conditions of your personal environment you may decide for yourself that you want to create a new reality or perhaps you wish to reshape your existing reality. Such choices have no boundaries because it is entirely up to you to choose the path you will walk on and in so doing you are also accepting accountability for the realities that will manifest as the result. Because of the broadness of all the possibilities that exist there simply are no examples that can best describe such a situation. The nature of your reality is completely different from the nature of any other personal reality, even though there may be some common threads, therefore, what is important to you may not necessarily be important to someone else, which all by itself changes the focus of intended thought and likewise changes the frequency of the energy field as well. So when you project your consciousness into the fields of infinite possibilities, the realities you will manifest, will be a reflection of your own thought structure which is composed of your feelings and emotions, your beliefs and your perceptions.

Reality is only as real as you perceive it to be. It is for this reason that you should examine your perceptions, not just in relation to your past and current experiences but in relation to what will become your future experiences. As the result of your intended

thoughts and the structures they are built on which includes your feelings and your beliefs, you are constantly affecting your reality by means of cause and effect. Your intended thoughts are aspects of your consciousness that are being projected outward into the fields of electromagnetic energy that ultimately creates your reality. In this respect it makes sense that you would give serious consideration to the realities your thoughts are manifesting, especially when they are producing polarized effects which you experience in your reality regardless of whether or not you think, feel, believe or perceive yourself as having manifested them in the first place. Even more so, it is important to examine the realities that are not based on any concrete truths but are erroneously based on the illusion of being real which is merely a perception of truth, formed and shaped in your mind in response to your feelings, emotions and beliefs.

As you give thought to how your reality was and is being created, accepting the fact that you did create your reality by your intended thoughts, backed by your feelings, beliefs and perceptions, it will be to your benefit to learn how to create a desirable current and future reality, not an illusion of a reality, that once manifested adds to your life experiences in a positive way, and is a reality that lends itself to personal and spiritual growth. Unfortunately, the road to personal and spiritual growth is not necessarily a welcoming path when first embarked upon, nor is it necessarily straight and wide. Most often it is experienced as a very narrow twisted path, filled with obstacles, pitfalls, roadblocks and even detours encountered along the way, where unforeseen and unexpected challenges are faced and overcome, and whose blazed trails are littered from the mental and emotional debris of many life-changing lessons learned along the way. This is typically the path least traveled but the results are always well worth the psychological and spiritual price paid if you have the courage, confidence and determination to see it through. If not, you can just continue projecting consciousness into undesired fields of reality, thus suffering the consequences of their manifestations.

In closing, we sincerely hope that you have gained a much better understanding of how you create your realities by the action of the thoughts you focus your attention on. That you are better suited to discern the truth of the realities you have experienced in the past and are currently experiencing; that you now understand how the perception of your past and present realities are already affecting your future realities, which are no more than a focused thought away. We hope too that you can now see how your intended thoughts are projecting your consciousness outward into electromagnetic energy fields that are constructing everyone of your realities and thus are forming your life experiences. If you have any questions or wish to share your thoughts please do not hesitate to do so.

Many Blessings,

Linda, Z and the Collective We