

Lesson 62: Understanding the Nature of Your Motives

Motives - everyone has them and everyone has their own personal and collective experience with them. However, there is often a lack of understanding when it comes to the cause and effect associated with your motives and the nature of them. To understand the nature of your motives requires you to first have a conscious awareness of them. Second, is to identify your current motives which will lead you to understanding your past motives that are setting the stage for future motives. Third, is to identify the underlying reasons for your motives by examining each of them at close range. Reflecting on your motives will help you gauge the state of your mental attitude as well as the expression or suppression of your emotions, all for the sake of discerning what you really expect, anticipate or hope to gain, and then what you actually experience as the result of acting on and acting out your motivations. The intent of this lesson is to bring to your awareness the full scope of your motives so that you will better understand the nature of them on a deeper and more meaningful level. The discussions in the lesson are also intended to help you see how you are not only acting on the energy of your motives but to show how you are acting out in response to them and the consequential results. As you begin to unfold the true origins of your motives you will see how you have effectively created a reality through the mechanics of motivation, desired or undesired, intentional or unintentional, consciously and unconsciously.

When you examine your motives and bring them into the light of truth through self-examination, you can see for yourself how they are affecting your current experiences, how they affected your past experiences and how they are laying the path for your future experiences. You may feel, think, believe or perceive what appears to be the origin of your motives as you reflect back on them, however, if you reflect on them longer you will be surprised to find that there is much more to the story than what lies on the surface. It is the underlying basis of your motives that must be revealed, brought into the light of truth, if you are ever to take control of your motives, if for no other reason than for the sake of them resulting in things you really do not want to experience, that in the long run are not beneficial to you and ultimately to anyone else involved. Being governed by your motivations when they are built on a foundation of thoughtless or skewed constructs of your own mind or are being exerted on you by some external influence, is worth taking a second and third look at each one of your motives.

As you begin to examine your current motives, you will be able to trace the affects of them to past events in your life; both desired and undesired which is a very valuable learning experience. Your realization of their desired and undesired effects serves a very worthy purpose because doing so provides you with a contrast that enables you to see just how your motives have indeed been a vital part of the psychological equation that has been writing the story of your life and will continue to do so. The time taken to understand the energetic force of your motives, that ultimately results in what you

actually experience, whether you desire the experience or not, also provides you with an opportunity to reconsider the validity of your motives as well as their worthiness in your reality, not to mention becoming aware of the impact your motives have on those who are directly or indirectly affected. Thus, it is well worth the time and effort required to take a closer look at your own motivations.

Motivations and the source of them, their conscious or unconscious origins, are not just limited to your perceived reality. They cross your mental and emotional borders the moment you act on them and act out as the result of them. The energy produced from your motives occurs first in your thought process which, of course, includes your beliefs and your perceptions. It also involves your feelings which produces a range of emotions, that when combined with your thought process, become the catalyst of an energetic force that travels along the fields of electromagnetic frequencies where they eventually enter into other realities and from that distant point they return back into your reality manifested in like-kind. What is meant by like-kind is that your personal motives will produce a manifestation that is an exact reproduction of your thoughts and feelings; fears and insecurities; desires and needs. Consequently, you inevitably experience every one of the motives you act on and act out as a reality which adds to the fabric of your overall life experiences. In this sense, your motivations act as shapers and molders of selected probabilities you have indeed brought into your personal reality as well as the realities of many others, directly and indirectly. When your motivations create experiences that have a positive effect on your own reality as well as others you have done so from a mental attitude of selflessness and balanced emotions. On the other hand, when your motivations create experiences that have a negative effect on yourself and others, you can be assured that your motives were not being driven by selfless needs and desires but that they were being driven by any number of underlying reasons. It is these underlying reasons that are most often undetected simply because they exist beneath the surface of your conscious awareness. Inevitably they drive you to accomplish or achieve something that is ultimately self-destructive one way or another. So it is these underlying reasons, attached to your needs and desires, that must be examined if you are to become the master of your motives as opposed to being mastered by your motives – thus becoming enslaved to them and the consequences of them, as is the case with so many people who act on and act out their motives intentionally and unintentionally.

As is usually the case with human nature, seldom is anything that concerns the creation of your personal and collective reality easy to detect from the surface. Your psyche has a way of discerning every single event that occurs in your reality to be something other than what it really is if left unexamined, even when the experiences are very much desired. You are probably thinking then why rock the boat unnecessarily or attempt to fix what is not broken. The reason for rocking the boat is that there is valuable information to be gleaned when you truly understand how you managed to pull off

acting on and acting out your motivations and actually produced desired results that did not harm anyone or anything in the making. The inability to consciously understand the mechanics of your motivations is that not only does the desired or undesired reality produced get buried under the rubble of psychological and egotistical debris, the basis of the perceived reality gets buried in the debris as well. So it becomes necessary to lift the veil of illusion and delusion, which in this case is a false belief, in order to see the truth on all counts. This is an exercise that by your nature, you tend to not willingly engage in until the experiences of your life gets out of control to the point where you will finally stop and make an honest attempt to figure out what is really going on. Your awareness is limited to the confines of what your ego will allow you to perceive as being the truth. Your ego responds to any inquiries on your part by attempting to erect a psychic barrier for its own perceived protection. However, when you break through the barrier by lifting the veil of illusion you become the beneficiary of the information acquired which will indeed become a very useful tool in helping you to create more of the kind of tangible and intangible things you wish to experience as present and future events, motivated by genuine desires that are not founded on deceptively selfish and unresolved emotional needs and desires.

To break through the psychic barriers is to unveil the underlying reasons that back up your motivations. The truth is that you are often unknowingly motivated by certain impulses that can be positive or negative in nature. These impulses, that tug on your psyche routinely, will either be genuine and in your best interest or they will be driven by the unfulfilled and unresolved emotional needs and desires of your under developed ego which is always striving to be in control of its psychological environment. The ultimate plan of action then is to move toward developing your ego, which contrary to many prevailing mindsets, can actually be raised up in spite of a persistence to abandon the ego at all costs. Although the matter of the ego is a discussion worthy of itself, we will not delve into an in-depth discussion in this lesson except to acknowledge the matters that involve the ego as it pertains to the purpose and intention of this lesson.

The effort it takes to develop your ego is not as daunting a task as you have been led to believe. All that is required of you is a willingness to see beyond the veil of your illusions. Incidentally, this is no time for pointing the finger of blame at anyone or anything, including you. You have been doing the best you knew how to do with the information you possessed, limited at best, but you no longer have to remain subject to your own unresolved needs and desires when you fully understand the scope of them and the effects they are capable of producing when freely allowed to drive your motives. The steps taken to unfold the nature of your motives requires your time, effort, patience, diligence, courage and integrity because the needs and desires that drive you, that support your motives, are often the result of an under developed mental attitude that is fear oriented. Fear, all by itself, backs up the feeling of lack and mistrust, leaves you with a host of unresolved emotional needs and desires, which translates into an

undeniable attempt to fill whatever the ego perceives it is missing in its environment, distorted to say the least. It is of immense value to you to understand how your personal needs and desires, that on the surface appear to be genuine and in your best interest, get so twisted up and distorted by your ego.

As you make your way through your human experience, you establish your belief structure in conjunction with the formation of your perceptions. Combined, they will alter your reality in accordance with the imprint they leave embedded in your subconscious mind which you will unconsciously and habitually act on time and time again. This encoded imprint then acts as an impulse that triggers the ego-mind to pursue the ever on-going fulfillment of its needs and desires, which as you probably well know is a case of enough seldom being enough. Thus the ego-mind often seeks out the fulfillment of its desires and needs in all the wrong places and often in the company of all the wrong people. The problem is that the imprint contains the codes from the behaviors of past experiences and the mental and emotional memories associated with them. This means that you are constantly being impelled by your past experiences and is the reason why it is so difficult to change your current and future experiences. So then the things that motivate you in the ways they do are not the result of current thought processes but are the result of past experiences that you are habitually processing in your thoughts, feelings, beliefs and perceptions. In other words, your thought processes are always lagging behind because they are intricately connected to your past experiences. A simple observation of an infant crying or acting out as a means of getting its needs met, regardless of what those needs are, learns what methods work best, based on past experiences. This information is stored as embedded code which will be habitually drawn on time and time again throughout the course of life, without giving much thought to it, except to continually create and store additional embedded information throughout the stages of life. As an adult, you have stored a great deal of embedded code in your subconscious, as well as in every part of your physical being, even in the auric layers of your spiritual being, that enables you to habitually act out certain behaviors in response to related impulses that continually drives your motives. The sensation of fear and lack are most often the underlying culprits that propel you to seek fulfillment of your insatiable needs and desires, often leading you down many different avenues of perceived relief and often in undesirable places or with people who are functioning on the same vibrational frequency. But all is not lost because these are karmic experiences designed to teach you very important life lessons if you are willing to learn them. In addition there is the matter of your own human need for companionship that too is so often acquired at any cost. Your relationships are often threatened because you are not aware of the underlying causes that motivate you to seek out companionship and until you bring these causes into the light of truth you will find yourself at the mercy of effects you think you did not bring to bear upon yourself

intentionally when in fact you really did, it's just that it occurred on another level of your psyche.

Some needs and desires and the underlying reasons for them come into this reality through reincarnation, perhaps because you are intending to work these matters out for the sake of your own overall experience and of course your personal and spiritual evolution. Unresolved issues that reach back into previous life experiences are much more difficult to pinpoint let alone unravel in your current existence given that they are usually deeply embedded in your psyche, so much so that even your ego is unaware of their origin but nonetheless acts on the energetic impulse to find ways to fulfill them. Nonetheless, the ego senses that something is missing in its present environment and will go to great lengths to see to it that whatever it perceives it is missing is indeed fulfilled somehow, regardless of any mental or emotional costs incurred along the way. Your ego, acting outside of your conscious awareness and sometimes even in agreement with your conscious awareness, translates its needs and desires into personal motivations, that you will act on and act out most often unconsciously. On the surface you may attempt to rationalize your motives, but unfortunately, the truth is that you really do not know what lies beneath the surface without having examined it first. Even when you are intentionally driving your motivations because you selfishly expect to gain something, regardless of how it ultimately affects you in the long run or affects others, you are really not aware of what is truly driving your motivations because the root cause of your needs and desires exceeds the level of your understanding which can only be found on a deeper and more meaningful level of your awareness that must rise up from within. This is why it is paramount for you to fully understand the nature of your motives.

Given that physical life here on planet Earth is indeed a learning lab, the matter of contrast is important as a means of comparing motivations that result in positive experiences that not only affect you but that affects others as well. As you come to understand the mechanics of motivation, that is, how you effectively bring good things into your reality that in some way is a positive experience for others too is tandem to really understanding the complete opposite. First of all, selfless motivations cannot help but produce pleasurable and desirable results in which there are typically any number of beneficiaries beside you. This is an indication that you have chosen to cultivate your ego and your ego has responded in agreement, which it is capable of doing once it takes hold of the idea that its very existence is not being threatened. As you continue to cultivate your ego, which you do by becoming more and more aware of how you are creating and even co-creating your environment, the more skilled you become and as you develop this newly acquired skill, your motives will be less based on perceived lacks, especially those that are fear oriented. As your inner perceived fears dissipate as the result of resolving your emotional needs and desires, your motives will take on a whole new look in that they will be much more practical and purposeful. This is the alchemical formula

for understanding the nature of your personal motivations, just as it is the formula for changing the very nature of your reality which does indeed affect others as well.

In closing it is hoped that you will make every attempt to become more aware of the real reasons back of your motives; that your motivations will not govern you and dictate your reality but that you will empower yourself to be the master of your motives, thus producing pleasurable and purposeful results that not only benefits you but that has the potential to benefit others equally as pleasurable and purposeful. As always you are encouraged to share your thoughts or experiences. In doing so you support each other.

Many Blessings,

Linda, Z and the Collective We

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