

## Lesson 5: The Nature of Personal Reality, Part One: Possibilities and Probabilities

Did you know that there is actually a path of consciousness that leads to what becomes the nature of your personal reality as it pertains to possibilities and probabilities? If this is new information being brought into your conscious awareness today it is not occurring by chance but is occurring through synchronicity and will be a lesson that benefits you on some personal level.

I am going to begin this discussion by first defining the words possibilities and probabilities. A simple dictionary definition of the word possibility is: the fact or state of being possible, something that is possible, potentiality for favorable or interesting results. There are also a number of terms that narrow down its definition which are relative to the various states or potentials of possibilities. The following are some examples: a risk which indicates some sort of suffering or harm; a prospect which suggests something expected; an alternative which offers a choice; a range which is the extent of perception, knowledge, experience or ability; explore is to investigate systematically, to examine and lastly is potential, that is something that is capable of being but not yet in existence which can be also be latent, i.e. a potential problem.

Defining the word probability or probabilities shifts us way beyond the scope of possibilities in terms of predicted outcomes or results. Unlike possibilities which are possible future states, probabilities move us beyond the stage of potentials and into the realm of what is likely to occur given the existence of certain other variables or factors. Probability or probabilities are defined as the quality or condition of being probable, likelihood, a probable situation, condition, or event. There are a number of terms that further define the nature of probabilities many of which are mathematically related for the purpose of predicting outcomes or events.

The term probability is actually a science which began as a collaborative relationship between mathematicians and gamblers to determine the odds of winning. The aim was to systematically count or measure all the ways a gambler could achieve a desirable outcome much like predicting probable winning lottery numbers. The predicted numbers are determined by a sophisticated method of investigating every possible number combination that could produce the desired result from a historical basis, i.e. the number of previous winnings, the timing and the actual series of numbers.

The field of quantum physics relies on probability factors to better understand the nature of reality in which there are innate or built-in probable outcomes or events. In other words man is limited to the extent in which he can determine or predict an outcome or event by the very existence of nature itself. These limitations are described as possibilities that cannot exceed the “law of the realm.” Quantum physicist Werner Heisenberg labeled the ability to go beyond the built-in probable outcomes as the Uncertainty Principle which means that you cannot know the exact location of A without

affecting B and furthermore that you cannot know the exact location of B without affecting A, thereby creating an uncertainty factor that physicists had to comply with in quantum mechanics. Einstein argued that it is virtually impossible to predict an outcome or event unless there is a participating observer.

So how does all this mathematical/scientific mumbo jumbo affect the nature of your own reality? The answer is that the nature of your reality is built upon an infinite number of possibilities that are in your range of predictable probabilities in which you are the participant by the influence of your thoughts, beliefs and perceptions. Your next virtual reality will always be relative to your immediate thought process in conjunction with your perceptions and your belief structure. In other words you create your own reality through the power of your thoughts, beliefs and perceptions which sets up an automatic range of predicted probabilities. In this respect A affects B which in turn affects A, cause and effect in action ad infinitum.

To better explain how this process works I turn to the fundamentals of describing the nature of personal reality from the field of quantum physics as stated by physicist Dr. Travis S. Taylor:

*...when you have a new thought, you are setting up a new quantum state. With each thought, a new qwiff (quantum wave function) is generated that begins interacting throughout the universe. Your new thought continues to interact with the universe and with other qwiffs in the universe that are similar to it until a new entangled and common qwiff “coheres” and becomes the next instants reality.*

I wanted to present how possibilities become probabilities from a scientific perspective because the nature of your reality is fundamentally scientific at its basis, metaphysically speaking. However, I don't want to lose you in the garble of scientific jargon so I will present a less scientific description that may be easier to digest that won't take us too far away from this week's lesson. The matter of how and why we process our thoughts are so intricately tied together or entangled with the nature of our reality that it is difficult to keep them separated for the purpose of this lesson.

A probability is a measure of the relative number of ways a particular event can happen – can being the operative word. Applying the principle of probabilities on a personal level opens the door wide to a better understanding of how infinite possibilities can actually become predictable probabilities that shape your reality given the manner in which you presently think, believe and perceive your life experiences. This takes us back to another look at the matter of quantum wave functions.

The path to the nature of our reality begins with the understanding that we are individual and collective units of entangled energy and what we give thought to effects

or creates a mental energy flow that travels along grids or waves (qwiiffs) within the universe. The empty spaces you see before you are not empty but rather contain grids on which there is a constant back and forth flow of energy. These grids or waves exist on various frequencies and are likened to a radio and TV transmitters and receivers. For example if you want to listen to a radio station or watch a program on TV you have to tune in to that station which transmits on a particular frequency. You simply cannot tune into a station by attempting to access it on the wrong frequency or the wrong channel.

Now the manner in which you think, believe and perceive directly affects the frequency your thoughts will not only travel on but will affect what possibilities will become predictable probabilities of what can become your reality. The exploration of these frequencies crossed over the borders of metaphysics and quantum physics and landed right smack in the study of kinesiology where researchers accidentally began to study the effects of thinking, believing and perceiving on human behavior. Some twenty-five to thirty years of research in kinesiology culminated in the development of what became known as the Map of Consciousness. This map defines well established levels of conscious awareness or levels of enlightenment that are calibrated on a scale of 20 – 1000. 1000 is the highest level of self-actualization (Maslow's Hierarchy of Needs) and is the highest possible level of enlightenment. Only a few people in recorded history such as Jesus and the Buddha have ever reached this level of self-actualization. You may recall the story of how the Buddha refused to come out from under the Banyan tree until he attained this highest level of conscious awareness.

In accordance with this map of consciousness comes the hardcore facts that explain why certain possibilities will or will not have the likelihood of becoming predicted probabilities in an individual's reality. The information is extensive but I will break it down in simple terms for the sake of this lesson. The research indicated that the majority of the population of the world has collectively evolved to the level of enlightenment or conscious awareness at the calibrated range of 207 which is described as the critical response point. Anything beneath this level indicates a degree of inner emotional, mental or spiritual turmoil. The current calibrated level of consciousness jumped from its previous level of 190 only within the last decade. The collective jump in global consciousness was attributed to the effects of the Harmonic Convergence.

In his book, *Rising out of Chaos*, author Simon Peter Fuller describes the Harmonic Convergence as an event that became the first real sign of a worldwide stirring of human consciousness. This landmark event occurred at sunrise on August 16, 17 and 18 in 1987 and was celebrated by hundreds of thousands of people in several countries. The event was also the first ever globally co-ordinated link-up of human consciousness that was focused on peace and love. Fuller describes the affects of this massive event as a powerful thought-energy that generated the creation of the matrix for many of the

sudden and dramatic unexplainable changes that have since been experienced throughout the world.

That same thought-energy was the force working behind the scenes that unknowingly prompted Rhonda Byrne to produce *The Secret* which spread around the world almost overnight back in 2006. The emergence of *The Secret* once again brought to the surface of our global conscious awareness the spiritual and metaphysical fundamentals and principles of the cosmic universal laws that guide us collectively on the spiritual and mental planes. Since then countless numbers of people from around the world have jumped on the spiritual/metaphysical bandwagon to do their share to continue the global effort to raise conscious awareness of which I am one of them.

What this means to you on an individual basis is that depending on the calibrated level of consciousness you are currently on will essentially predetermine what you desire to experience as having the ability to enter into your reality. Say what? In other words the manner in which you think, believe and perceive will automatically place you on a frequency that will determine the nature of your reality. Your desired experiences from the well of infinite possibilities are only hindered by the limitations you impose on yourself. Consequently, within the range of your self-imposed limitations are the natural boundary lines of desired experiences that will or will not become your reality.

In other words if you desire to own a Cadillac but have limited your accepted beliefs and perceptions of only being worthy of a Volkswagen you can count on the fact that you will indeed acquire a Volkswagen and furthermore you will only acquire the kind of Volkswagen that you attract, i.e. make, model, year, condition, etc. This event will occur in this manner simply because this is the frequency you are currently vibrating on the universal energy grids or wave functions (q-wiffs). Therefore, the principle of like attracting like and thoughts becoming things is perfect in delivering to you exactly the nature of your predictable probability.

Now, the manner in which you can realize a desire from your well of wishes or possibilities to cohere with an actual probability requires that you consciously upgrade your frequency to the next level of consciousness because you cannot jump the tracks of your frequency, as I have described above re: a Cadillac vs. a Volkswagen. This conscious upgrade comes by way of what is known as “shifting your awareness” and is the culprit behind many a shattered dream and unachieved goal. I wrote extensively about this matter in *The Dragon of Drama* from my own firsthand experience and I address it further in *The Odyssey of Self-Discovery*. Before you can shift your awareness to another level you must know what thoughts, beliefs and perceptions are affecting your desired outcomes in your subconscious mind. The process of revealing what is held in the subconscious mind goes by several names, i.e. spiritual mental science, mental science, or the science of mind and has been widely addressed down through the ages.

The principles of like attracting like and thoughts becoming things are fundamentals that govern the business world as well. Donald Trump is among many noted authorities of the business sect who teach and preach these spiritual/metaphysical principles of achieving success. People aspiring to experience success on a higher plane of experience know that success is not possible unless they are operating on the necessary level or frequency that will not only assure their success but will guide them in maintaining their success in terms of not becoming stagnated. The adage “be careful of who you associate with” rings true because when you associate with people on a lower conscious level or frequency you will attract to yourself like experiences and vice-versa. You can probably recall instances where an entire group of people are negatively or positively affected by just one individual. In this respect one rotten apple will spoil the entire bunch!

These “like attracts like” or “thoughts become things” fundamentals are not a pop culture New Age fad but are principles that have been in existence from the beginning of time and are clearly recognizable in the ancient texts such as the Emerald Tablet, the Bible, the Bhagavad Gita, the Tao and are evident in the Buddha’s Eightfold Path, just to name a few. Plato not only understood these principles but specifically spoke about it in The Republic during a discussion about what determines a man’s future life, he said: “Does not like always attract like?” Aristotle scrutinized the nature of reality on a much broader scale in what he referred to as “first cause” which is the principle that everything in nature came into being as the result of the effects of the first cause, thereby establishing the principles of The Law of Cause and Effect. This cosmic law of operation is also likened to Newton’s third Law of Motion known as the Law of Reciprocals which states for every action there is an opposite but equal reaction.

This leads me straight to another presentation that comes from one of the Seth books, The Nature of Personal Reality. If you are not familiar with who Seth is, he is known throughout the world as the entity who was behind an entire collection of inspired writing known as the Seth books, all of which were channeled through Jane Roberts, recorded and transcribed by her husband Robert Butts back in the seventies and early eighties. Seth and his books are more popular today than they were back when Seth was delivering the material through Jane.

Here is what Seth has to say about the nature of probabilities that will give you a little something more to think about taken from Chapter 14, Which You? Which World? Your Daily Reality as the Expression of Specific Probable Events: “...you do indeed form the appearance that reality takes through your conscious beliefs. Those beliefs are used as screening and directing agents, separating certain non-physical probable events from others, and bringing them into three-dimensional actuality.” What Seth is addressing here is that all thought has its point of origin in the non-physical realm of reality and depending upon your beliefs will dictate the frequency you vibrate those thoughts on

which will return to you certain like-kind probabilities that will ultimately become your actual experienced/virtual reality. Although I am not referencing any of his work here it is worth noting that the nuclear physicist, Tom Campbell, author of My Big Toe (theory of everything) pretty much sums up the nature of reality in much the same way as Seth. Campbell describes every individual as “individuated units of consciousness” or IUC’s.

Given that this lesson has gone way beyond the typical three pages I have submitted in all the previous lessons I will stop here. So as not to leave you hanging in mid-air I will continue this discussion as a Part Two, therefore this lesson has now officially become Part One. I would apologize for its length but it is obvious to me that someone needs this information in the manner in which it is being presented.

Sincerely,

Linda

\*\*\*\*\*

#### Resources ~

Fuller, Simon Peter. (1994). *Rising Out of Chaos: Awakening Global Consciousness.*

South Africa: Kima Global Publishers, 1996.

Hawkins, David R., M.D., Ph.D. (1995). *Power vs. Force: The Hidden Determinants of*

*Human Behavior.* New York: Hay House, 1998, 2002.

Herbert, Nick. (1985). *Quantum Reality Beyond the New Physics: An Excursion into*

*Metaphysics and the Meaning of Reality.* New York: Anchor Books, 1987.

Roberts, Jane. (1974). *The Nature of Personal Reality.* San Rafael, CA: Amber-Allen

Publishing, 1994.

Taylor, Travis S., Ph.D. (2010). *The Science Behind the Secret.* Wake Forest, NC: Baen

Publishing Enterprises.