

Lesson 39: The Significance of Realizing Our Dreams

Most every one of us has had at least one or more dreams we hoped to see manifested during the course of our lives. But in spite of any degree of intentions or strong desire it seems that certain dreams don't always come true, especially in the frame of time we expect them to become a reality. Consequently, we often have a tendency to give up on our dreams while clinging to a host of disabling beliefs which in our minds, and rather unrealistically, confirms the likelihood that these dreams are never going to come true. The problem is not so much about the dreams we hope to realize as it is more about us not being consciously aware that there are underlying factors that are influencing the realization our dreams and the timeframe in which they will become a reality, not to mention there is the actual experience of having realized our dreams – sometimes these experiences are not always quite so desirable after all. This lesson will focus on the significance of realizing our dreams as it brings to the surface of our conscious awareness the underlying factors attributed to the manifestation of our dreams so that we can better understand how these factors do indeed influence the realization of our dreams.

The significance of realizing our dreams is a bottom up process that begins with an understanding of knowing what triggers our dreams in the first place. Life contains the possibilities of a myriad of potential experiences, aka realities, in which we have an innate need to manifest certain desired experiences that we call our dreams. Sometimes our dreams are intended for our personal pleasure and accomplishment and/or are a response to a calling from our higher selves to fulfill a life purpose. But regardless of the motivation behind the need to realize certain dreams the manifestation of these dreams are so often hindered by a number of unseen influences, both internal and external including the matter of time. We find too that the Law of Cause and Effect is no stranger to the realization of our dreams anymore than is the law of reciprocity, otherwise known as the Law of Attraction (LOA). Both these immutable laws have a way of enforcing their fundamentals upon us when it comes to realizing our dreams no different than any other realities we create or cocreate for ourselves. Not realizing certain dreams carries with it mental, emotional and spiritual consequences which makes the need to understand the implications involved in manifesting our dreams, no matter how trivial the dream is, a matter of significant importance.

The bottom up process in manifesting our dreams continues with an examination of our mental attitudes, followed by our beliefs, our thinking, feelings and of course, our perceptions. Even something as simple as the attitude we have in regard to life itself and our interpretation of what does or does not happen after physical life will directly influence the manifestation of our dreams. For example, if you hold the belief that nothing exists beyond the certainty of this one physical life you might be inclined to feel a sense of hopelessness and not really care one way or the other if your dreams come

true or you might be driven in the opposite direction to make the most of this life and pursue the realization of all your dreams. Many of us find ourselves keeping a “bucket list” which is a personal list of all the things we desire or dream about seeing, doing and accomplishing before we pass from this physical existence. Religious beliefs are also a very important factor in the realization of our dreams in that you will either see the realization of certain dreams as fulfilling the will of God or you will hold the belief that it is not God’s will for you to realize certain dreams. This is the one belief that is most often misunderstood and is responsible for the lack of many a dream not being realized that should have been realized in this life. Unfortunately what is really going on underneath the surface is hidden by an erroneous religious belief when in fact the failure to not realize a dream had absolutely nothing to do with the will of God but had everything to do with undetected factors that were outside of a person’s conscious awareness.

Feelings of self-worth also play a very big role in the manifestation of our dreams. Sometimes we suffer from feelings of inferiority and we do not feel worthy of our dreams being realized. Consequently we limit our dreams from becoming our ‘likely to occur probabilities’ and instead of realizing our dreams we create or cocreate unwanted and undesired realities. We undermine our own efforts because we do not perceive ourselves as being good enough, smart enough or talented enough to manifest our dreams. This includes our desire to have loving and supportive relationships with those in our circle of life. Feelings of self-worth are important when it comes to the desire to realize dreams that include relationships, especially when they involve a love interest or finding that so-called perfect mate. The measure of our self-worth will become the catalyst that will either move us forward in the pursuit of realizing our dreams or it will stop us dead in our tracks. I have often written about the “Censor” who resides in the logical side of our left brain and who doesn’t think twice to censor our dreams by filling our minds with all the reasons it can possibly muster up to convince us why we will not succeed in any of our endeavors. There are untold numbers of people who never became artists, doctors, lawyers, scientists, authors, musicians, and so on down the list of infinite possibilities simply because the Censor managed to convince them that they were not worthy of such dreams being realized or that they didn’t have what it takes or what they hoped to accomplish wasn’t important enough and was just downright stupid thinking on their part.

Many of us suffered mentally and emotionally at the hands of those whose authoritative presence in our lives during childhood enforced their erroneous perceptions and beliefs about what we were or where not capable of achieving, thus they measured our worthiness by standards that were often based on their own limited personal experiences. These thoughtless interventions brought many a dream to a screeching halt that in many cases have yet to be realized in our lives and perhaps have become dreams that we have given up on altogether. We also have a tendency to give up on our

dreams when time and age become a persistent factor in the equation of manifesting our dreams. We think that because we did not pursue the manifestation of our dreams when we were younger that it is now too late to pursue them but what we forget to take into consideration is that in some cases age is really on our side in terms of having gained a healthy dose of wisdom and knowledge from having encountered the experiences of life. We find too that we often have more appreciation for dreams that are realized later in life. But the dreams we gave up on can still be experienced in some form or aspect of them as opposed to not ever realizing the dream at all, just as there is every possibility of realizing new dreams later in life. The experience of realizing dreams that become life changing experiences early in our lives often finds us mentally and emotionally unequipped to handle the results, these are dreams that are best left to the processes of time so that when they enter into our reality we are ready to cope with the demands or we will have to figure out how to grow into them. Sometimes these situations have devastating effects as we have all seen many times with young celebrities who are not equipped to handle the demands of being a celeb and turn to the use of drugs and/or alcohol, sometimes even ending in suicide.

There is another aspect of time that plays a very different role and requires the need for human entanglement. From the perspective of quantum physics, scientists know that everything is connected and interconnected throughout the universe which includes us humans as well. Quantum physicists call this interconnectedness “entanglement” which from a human perspective simply means that we are all connected or entangled with one another along unbounded energy frequencies, the same energy frequencies that connect everything else together in the universe on the macroscopic and microscopic levels of existence in the space time continuum. There is extensive research being done by leading edge scientists all around the world to determine the role consciousness plays in understanding how our intended thoughts really do have an affect on one another regardless of distance. As science continues to empirically prove ancient metaphysical and spiritual philosophies in regard to understanding the nature of the universe, what it is composed of and how it operates in concert with its own laws, we are just beginning to learn more and more about how our intended thoughts creates or cocreates our third dimension experiences across time and distance. These cutting edge world-wide experiments and research are the keys that promise to unlock the mysteries of the universe and the role we play in its existence.

The realization of our dreams and the timing of them entering into our reality often bring to the surface the undesirable affects of linear time in conjunction with the necessity of quantum entanglement. Because our dreams are not two dimensional, in that they do not exist outside of time and space, they too require the intervention of human entanglement in order to manifest in our reality. Basically this means that the realization of certain dreams includes the transmission and the receiving of energy signals from other people, places and things in order to bring our dreams into our

realities where we experience them in third dimension. Unfortunately there is a timing issue involved because all the necessary playing pieces must cohere at the right time and in the right place to bring the dream into reality. So while it might seem like you have waited a very long time, perhaps many years, for a particular dream to come true, it probably had something to do with the who, what and where that was involved in bringing your dreams into your reality and your own readiness to manifest the dream. While you always have the liberty to experience the realization of your dreams in other realities and in other dimensions of spacetime including your sleep-state and meditation, the physical manifestation of your dreams does include the element of linear time which is not the same as how time is measured outside of physicality. The linear or horizontal tracking of time as we know it here on earth is a man-made construct as opposed to spacetime which is vertical in that time extends upwards. In space time is not measured by seconds, minutes, hours, days, weeks or seasons but is measured by the relationship between the observer and what is being observed, thus time moves much slower.

Another aspect of the issue of time applies to when we are not mentally, emotionally, spiritually or even physically ready to experience the manifestation of a dream prematurely. We cannot expect to manifest the dream of having a loving and supportive partner if we ourselves are not loving and supportive, after all, like does attract like in every sense of the word. The negative energy we transmit will be returned to us in like kind as a mirrored reflection of how we act and react with others in our day to day lives. So in order to realize this dream we will have to spend some quality time with ourselves for the purpose of honestly examining our motives so that we do not have a polarizing effect on the manifestation of our dream. In the twelve step program this self-examination is known as the fourth step which is, "Made a searching and fearless moral inventory of ourselves." This is a vital step to consider along the path of your life when your own actions and reactions are affecting the manifestation of your dreams.

On the flip side of the coin is that the realization of certain dreams requires years of practice, diligence, education and a firm commitment in some manner of speaking. In this respect the realization of such dreams must begin to be manifested early on in life in order to progress and grow into the dream. Sometimes people become far more than what they ever thought was possible or would have predicted for themselves such as what athletes experience when they become superstars or those whose professions lead them along paths of notoriety, far too numerous to mention by name in this discussion. Also the kind of environment you grew up in is not as much of a hindrance as it appears to be on the surface because when people from all walks of life really desire to manifest a dream nothing seems to stop them from the pursuit of realizing that dream. What is really important to you when it comes to the realization of your dreams has a lot to do with your desires and your mental attitude toward that dream. If something you desire to achieve burns like a perpetual candle deep within you and you have a passion for its

pursuit and it's all you think about night and day, you are likely to realize that dream fairly quickly as opposed to giving that dream the occasional fleeting thought and minimal energy. Many people have gotten hung up in regard to how the law of reciprocity works. They erroneously believed their dreams had not manifested because the law "was not working" or it didn't exist when in fact it was working all the time. What they did not realize was that this law was bringing into their reality the exact measure of the thought energy they were transmitting. So in this sense you can only expect to receive what you give thought energy too and the degree of it in conjunction with your own mental attitude, hence what you put in is precisely what you will get back in due time.

Lastly, there are many people who are knowingly or unknowingly gripped by any number of disabling belief structures and limited thinking patterns such as fear and an attitude of lack who honestly believe that the only way they can realize their dreams is by undermining the efforts of others. Thus the realization of their dreams is based on dishonesty and selfishness having little or no regard for the well-being of others. These are people who do not think twice to step on other people's toes to get to the top, to realize their dreams and who don't bother to count the cost on the way up there. But there is yet another equally dangerous approach to the realization of our dreams. Sometimes we want something for ourselves that ultimately is really not in our best interest but we bring that dream into our reality anyway. Then when the dream becomes our reality we wish we hadn't because the consequences we bring to bear on our shoulders as well as those who are inflicted by our selfish desires is far more than we bargained for. Unfortunately we do not always bother to consider the consequences in regard to the negative karma that is being created as we realize our selfish dreams. The karma that we created or cocreated has to be resolved one way or another. Negative karma will manifest itself in the emotional upheaval of our lives and sometimes even affect us on the physical plane in the form of a physical illness. We simply cannot bypass the affects of the causes we create especially when we create them from a negative mental and emotional mindset.

I knew about a gal who desired her best friend's husband. She got the husband but unfortunately she also got more than she bargained for because from then on her life was filled to the brim with undesirable circumstances and events that were threatening her well-being; ultimately she became suicidal as the result of the karma she unknowingly created. The lesson here is to be very careful of the motives behind the dreams you desire to manifest because there is always the likelihood that you will get far more than what you bargained for. The undesirable consequences are not the cause of someone or something else but are the cause of what you manifested into your reality by your own intentions and actions which is not limited to the inclusion of your dreams.

I sincerely hope that this discussion has opened your eyes to the significance of realizing your dreams and the many factors involved that generally go undetected. I have no particular resources to list this week as this discussion was a combined collaboration between me, Z and the Collective WE in our ongoing campaign to help you understand the nature of your own personal reality. Please feel free to contact me if you have any questions or would like to share your own experiences.

Many blessings,

Linda, Z and the Collective WE