

## Lesson 2: When Everything That Can Go Wrong Goes Wrong

I was inspired to write about this particular subject because so many of us have encountered this very undesirable experience in our lives. While we are deeply embedded in our “everything that can go wrong is going wrong” mindset we lose sight of the fact that we have the power to change what is going wrong to what can be going right. Sometimes we are so adamant, so headstrong in standing our ground in our belief that the experiences we are encountering are so permanent that we won’t even allow for any other possibilities. Instead of opening our minds to the possibility of a better way we slam the door shut.

But what about those other possibilities, how will we ever get the chance to experience them if we continue to allow ourselves to remain embedded in our negative thinking? It’s a situation I was faced with too until I finally figured out that everything that can go wrong does not have to continue going wrong. More importantly is that I am definitely not alone here but that many people have fallen into the same pit of self-inflicted disparity that I did. I say that it’s self-inflicted because we have the power to make a choice to remain in the existing undesirable condition, continue to mentally or emotionally suffer from its effects or we can choose to go in a new direction.

The stage is set for things to keep going wrong when we continue to maintain an attitude of negativity toward the cause and effects of our dilemmas. While it may be the case that the actions of others, some unforeseen circumstance or event directly contributed to the conditions of our predicament, that doesn’t mean we have to remain bound to its undesirable affects for the rest of our lives. The truth is that we can dramatically alter or change our negative experiences to positive experiences by the power of the choices we make.

With a willing and open mind comes the inflow of a new way of thinking about our circumstances and with that comes the need to consider our well-ingrained beliefs. The more we hold onto our habitual manner of thinking and those beliefs that continue to instill our limitations the more we will remain steadfast in our negative experiences. The way to put an end to things going wrong is to employ an attitude of right thinking.

Right thinking is an effective means of bringing more of what you desire into your life experience and less of what you don’t want into your experience. This altered manner of thinking comes about when we consciously make certain choices that we can actually benefit from. When we stop reacting to our undesirable experiences with a negative attitude and begin acting with a more positive attitude we begin to effect changes in our circumstances that over time actually impacts our “everything is going wrong” status to everything is going right state of mind – and what a sense of freedom.

Perhaps the biggest hurdle we may have to overcome in order to not only employ right thinking but to also maintain a positive attitude is to take into consideration how we actually perceive our circumstances. If we afford ourselves an opportunity to closely examine how we perceive our circumstances and why we can learn just how we have been sabotaging ourselves over time. As long as we are willing to continue to peer through that tiny hole of our perception we hinder our chances to see the bigger picture – that perhaps our circumstances are not as bad as we perceived them to be but that the negative impression formed in our subconscious minds contributed to the furtherance of our undesirable experiences.

All in all, no matter who or what we think, believe or perceived affected the quality of how we live our lives, moving out of our “everything that can go wrong” state of mind can become a reality if we choose to look beyond the mental and emotional barriers. It all boils down to the proverbial adage, “two wrongs don’t make a right” so if the actions of someone or something affected your life experiences don’t continue to add to your undesirable experiences by the consequences of your own negative mental attitude.

I sincerely hope that if everything that can go wrong is going wrong in your life, you will consider not taking that undesirable condition at face value but that you will afford yourself an opportunity to examine what limiting thoughts, disabling beliefs and deceptive perceptions might be lying beneath the surface of your mind that is holding you captive to your undesirable circumstances.

Linda