

Lesson 17: The Benefits of Karmic Relationships

Last week we talked about the nature of relationships and the week before we talked about the epistemology of relationships. This week we are going to talk about the kinds of karma we experience in our relationships, what are they and why do we have them in the first place. When we think about the word karma we tend to automatically think of it as some kind of debt we are obligated to work out in this life experience. While this is certainly the case for many people there are also various other kinds of karma we need to work out to help us grow not just as humans but as Beings of Consciousness attempting to progress in our single and collective evolution.

In my Why 3D article I wrote about the purpose or reason for a third dimension experience and that we rely heavily on our sensory perceptions to experience on the physical plane. While we are experiencing in accordance with our sensory & sensual perceptions we are also working out many of life's learning lessons aka karma. These lessons greet us along the path of life in ways we do not always recognize and most always we perceive them to be very negative and sometimes emotionally and mentally damaging experiences. What we miss in those learning experiences is the essence of the lesson itself because we get so entangled in the relationship that brought us there in the first place we actually lose sight of the fact that there was a lesson to learn.

So in the course of this lesson I am going to describe to you as many of these karmic experiences as I can to help you see how and where you may be experiencing them too and do not even know it. I want to begin by saying that when we think or talk about relationships we generally gravitate to the notion that these are always intended to be love based relationships which is really not the case. Our experience with karmic relationships begins with our mothers or whoever was our caretaker and then spans out into our families. From there we begin to develop relationships with friends of the same and opposite sex. As we continue along our earthly path the relationships we develop broaden and even deepen with some and not so much with others. By the time we have reached young adulthood we have already experienced many kinds of karmic relationships. Unfortunately for us physical life doesn't seem to come with a handbook or a set of instructions so we don't really know how to play the game of life or how to read all the signposts correctly. Consequently we stumble and fall into many ditches of error but we always get up, brush ourselves off and continue along the path anyway. So what is life trying to teach us and why do we need to learn these karmic lessons in the first place?

I'd like to begin by sharing my own experience and some of the lessons I had to learn along my path of life. I sometimes share my personal experiences in the lessons because people relate to the real thing much better than they relate to book knowledge. It is sometimes easier to connect with a common thread of human experience than it is to technicalities. While many of the lessons have leaned heavily on scientific support sometimes it is necessary to speak the language of ordinary people who are having ordinary experiences but who just need help understanding

them better. So one of my experiences has to do with parenting and the karmic relationship involved there. On the way to becoming adults we cannot bypass the experience of our parents/parent/ or caretaker(s). We come away from our childhood experiences believing that this or that family member inflicted a hardship on us in some manner of speaking that we believe can only serve to ultimately destroy our adult experiences. What we don't realize is that this is not entirely true but that these parental experiences are really a karma they are helping us to work out. It's just that here on planet earth we so easily lose our conscious ties to who we really are and what we are really doing here. We are inclined to think that we are here to just have a physical experience come what may and that it has no real significance. But this is truly not the case. There is a purpose and a reason for why we have chosen our physical experience and our relationships along the way are there to help us work through whatever it is we need to work out.

So when my dad refused to send me off to college when I was in high school what I didn't see and couldn't see back then is that he was actually contributing to my karmic experience. He had in essence challenged me to find my own way, to blaze my own trails and to become what I was supposed to become. Whether he was doing it consciously or unconsciously at this point is really neither here nor there. This wasn't about some debt repayment, this was about the fact that I was going to have to learn some very important life lessons that would ultimately mold me and shape me into becoming the person I was supposed to become; not who I thought I was supposed to become. What I did not know was that my dad needed to step out of the way so that I would find my own way no matter what trails I would have to blaze. Now you must understand that this is not always the case for everyone. There are karmic relationships between a parent and child that are fully intended for the parent(s) to pave the way for, say example, a college education because the education is vital to the role the child will one day play as an adult. But this was not the case for me except that I did not know it back then so I came away from my childhood resenting my father's lack of support and believing him to be the dragon that was always blocking my path. Perhaps those of you who will be reading this lesson will find that you can relate to my experience which is the hope. I am going to help you see that your karmic experience wasn't really what you thought it was.

So instead of going off to college or acting on any means of realizing my dreams or aspirations outside of my father's jurisdiction I sunk down as low as I could get and spent the next thirty-six plus years gravitating toward one dysfunctional relationship after another another as if I was literally being magnetized. These relationships included many abusive situations that were actually life-threatening that I either inflicted on myself in response to what I was experiencing with someone or was inflicted on me by someone. Either way the point is that each and every one of those dysfunctional and abusive relationships served, in conjunction with my father's rejection, to propel me along a path in which I would finally have to come face to face with myself and learn from those karmic experiences what I needed to learn from them so that the path could be cleared for me to finally arrive where I was supposed to arrive and at the time I was supposed to arrive.

Each and every one of the relationships I encountered along the way became just another piece of the karmic puzzle I had to work out and everyone served their purpose accordingly along the way but I didn't know all this back then. To me it appeared that I was attracting these relationships into my life because I was a failure of some kind, that somehow I was different from everyone else or that the rules of life generally applicable for others were not applicable for me. My mental mind-set made me feel very isolated like as if I was living on an island all alone yet having these horrible experiences. It was the feeling of standing on the outside looking in while I watched others have what I wanted so badly for myself. Unfortunately, the thing about life is that you simply cannot see the forest for the trees until you learn what you have to learn and only then can you come out into the light of day. So while you might be of the belief or perhaps you are harboring anger, resentment, and a host of other not so pleasant feelings and emotions that your parent or parents did or did not do as you think they should have I am here to challenge you by telling you that there is every likelihood they have done exactly as they were supposed to do and that is just why you selected them as parents in the first place. It was to work out a very specific karmic experience to get you where you are really supposed to be; not where you thought or perhaps still think you are supposed to be.

My hope at this point is that no matter what the circumstances were that you experienced with your parents or caretaker, whatever scenario applies to you, that you will now take a second look and see if you have missed something very important you should know about those circumstances today. What lessons were you supposed to learn, what were you supposed to take from the experience of childhood and parental support or the seemingly lack of support and where are you supposed to be today. What were the challenges you were supposed to overcome? Remember that it is always about our perceptions! When you afford yourself and opportunity to take a closer look you might be surprised to see that what you did experience in your childhood with your parents was in actuality the best thing that could have ever happened to you in the long run. That just perhaps your parents were not your dragon of drama or whatever metaphor, symbology, or archetype that speaks to you or resonates with you but that you were your own dragon of drama because you didn't see the writing on the wall. It's okay – don't feel bad because most of us have all been there and done that too.

What I came away from in my own personal experience was gaining the understanding that if my father hadn't stood in my way and hadn't blocked the path to what I had desired to achieve at that time of my life I would not be here today doing what I am doing which is affecting the experiences of people in a positive way who are also seeking many of the same answers I was seeking and in some cases even more than what I was seeking at the time. This is why I am such a strong advocate of stopping right where you are along the path of your life and affording yourself an opportunity to experience a journey of self-discovery because if and when you do there are many wonderful surprises waiting for you to behold that will help you put the pieces of your life puzzle together and that will lead you straight to where you were always supposed to be at the time you are supposed to be there. Of course you cannot experience a journey of self-

discovery until you are ready to take on the challenge of such a course of enlightenment. But just the fact that you are here reading this lesson and visiting this website and perhaps all the other lessons is definitely an indication that you are preparing the spiritual field for this kind of journey as nothing happens by chance but that everything happens through a series of synchronistic events and coincidences. Incidentally, whether you know it or not you are having a karmic relationship with me too.

So as you have traveled along the path of your life you probably found yourself in the throes of many different relational experiences; some seemed to draw you in under the guise of love and/or lovers and some drew you in just for the fun of the relationship, i.e. your closest friends. But no matter what drew you into these relationships two facts remain. One is that you attracted each other to help share in the karmic experiences on some level which is usually an unconscious occurrence and two is that you attracted certain relationships because you had not yet worked out specific karma(s). So until you work them out the attractor factor will continue to draw you into the same kind of experiences just with different circumstances and events occurring until you finally learn what you need to learn in order to get to where you truly need to be. It's really a lot like grammar school; we start out in kindergarten and we progress all the way through until we are ready to move into high school.

Now no matter what relationships we experienced and regardless of whom we experienced it with we all seem to have an uncanny knack of blaming them for anything that goes wrong along the way and you all know very well all the reasons we have at our disposal. But how often do we stop just long enough to really understand the fullness of what we may have just experienced. How can we learn any lessons if our mental and emotional mindset is embedded in deceptive perceptions that are based on a belief structure that is very disabling and certainly is not in our best interest. Well unfortunately there just is no magic formula or magic wand that will shed instant light on the truth of the matter. We have to go the course until we have brought to bear enough hardships and difficulties in our lives before we finally stop long enough to figure out what is really going on underneath the surface. It is then and only then that we become receptive to hearing the truths about our experiences. It can be a very difficult process because as I have said time and time again we may not like what we hear and we may even go kicking and screaming every step of the way which is what I did in many instances but the benefits of seeing it through far outweighs the probability of continuing to experience more of what we have grown tired and weary of in the way of our karmic relationships.

Relationships are not all about working out bad or difficult karma nor should they always be. As we grow and as we evolve in the course of this physical life experience it is only fitting that we should begin to desire the experience of sharing good karma. When we have worked through those mental and emotional issues that kept us bound to the difficult or unpleasant karmic experiences we will naturally begin to gravitate toward a more healthy and wholesome karmic experience. This should be a very rewarding experience; a time to just let go of ourselves and begin to feel the flow of positive energy as it starts to move upward into each and every chakra.

We have not talked much about the chakras but I can assure you the need for such a discussion will be forth coming. For the time being it is imperative that I not get too far ahead of you where you are along the path of your journey of self-discovery. I only mentioned the experience of good karma or positive karma so as to offer you a light in what might be a time of darkness as you seek to find the answers that will help you understand the nature of your own personal reality. Even I am right now working through a karmic experience that has come before me at this time and place along the path of my life. Everyone needs a beacon of light when their figurative ships are out to sea so that you know there is indeed a safe harbor waiting for you at the end of your long journey. I hope that I am providing that beacon of light through this website, the weekly lessons and the books I am lead to write.

As has been the case with many of the lessons this is not an extensive lesson but is being presented less extensively because I only want to begin to open your eyes to the possibility that you are not where you should be yet and that all of your karmic experiences thus far have been leading you to this point and time. Just the fact that you have found your way to this website speaks volumes as to the changes you are seeking to make in your own lives and the information you are finding here is helping you to do that. As I said earlier, this too is a karmic relationship you are working out with me and those who guide and inspire me regardless of whether I know you personally or not. It doesn't matter but what does matter is that you are here and you are learning whatever you are in need of learning that ultimately is helping you move toward achieving the goals you are really supposed to be achieving. Again, not the ones you thought you were supposed to be achieving. The good news is that even though my may not have arrived where you are supposed to arrive you are moving in the right direction and you will arrive at your appointed destination at the right time and in the right place. This website is but another stepping stone to help you get there. Whatever karmic issues you are in need of working out are obviously being worked out on your behalf because when you seek the answers, the truth, you will always find those answers.

I was inspired to create the addition of the Reader's Corner as a place where my readers and visitors can share their experiences in the form of a short story, a poem or an artistic rendition. Today, in light of this lesson I want to encourage everyone to consider sharing your experiences with each other because we all benefit in the long run. If you would like to share an aspect of your journey please visit the Reader's Corner page for instructions on how to submit your story. So as I bring this karmic lesson to a close I once again hope that you have gleaned from the message of karmic relationships something of value to you. That perhaps in sharing a few of my own experiences you connected on a more personal level and that you have hopefully become more aware of the value of your own karmic relationships. That you can now look back and reflect on your experiences and understand them from an entirely different perspective, one which shows you today that everything you have experienced has all had its place and purpose along the path of your life. If you need further assistance in unraveling your karmic relationships

please do not hesitate to contact me at the email address below. As always I thank those of you who have been sharing with me and I take great pride in the progress you are all making.

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