

Lesson 16: The Nature of Relationships

In lesson 15 I introduced you to the various types of relationships we experience along the path our lives. I explained why we encounter these relationships and the purpose they should serve in our life. The feedback I received inspired me to continue this discussion; to bring even more information about the nature of relationships to your awareness. This lesson then will serve to bring into your conscious awareness a number of underlying factors that you can apply to your own personal experiences. As you come to understand what lies behind all the relationships you have had and will continue to have you will be in a far better position to look back on them and see them for what they really were and still are. Also you will be in a much better position to embrace relationships yet to be experienced and see them from a completely different perspective. You will learn how to do this from an attitude of 'right thinking' which comes about when you truly understand what drives and motivates your relationships.

In order to map out the path of our relational experiences we must start from the beginning which is to revisit our childhood. As we walk through this process please be assured that we are not traveling down this road for the purpose of laying blame on anyone so do not look for this discussion to involve any finger pointing except for the one we will turn inward only. The intent is to help you to better understand the relationships you have experienced and why they became what they became; especially if they proved to be difficult or painful in some way. If you have been following the weekly lessons you will recall that we briefly looked into a number of childhood issues, some of which I indicated would become material for upcoming lessons. While I am still intending to devote individual lessons as they pertain to these matters I will nonetheless be addressing them here although not in as much detail.

Before we begin the journey back into childhood I want to address the matter of Twin Flames which was the first of the types of relationships I discussed in Lesson 15. I need to readdress this matter because of its significance to the discussion we are about to have. When we described Twin Flames, we explained this very special relationship as the splitting of your soul; the yin to your yang, the male to your female or vice versa; where one aspect of your being is having a physical experience in third dimension while the other half is experiencing on a much higher frequency. There are a few other descriptions that will give you the impression that a Twin Flame is something you experience with other souls who enter into your life from time to time, however, the operative word here is 'twin' which indicates the joining or union of another aspect of yourself. For our purposes in this discussion we will hold fast to the description of what is a Twin Flame as it was described in Lesson 15 because it speaks directly to the experience of the innate need to seek the union of the other half of your soul.

Although you are engaged in the delicate dance of relationships all during the course of your life the bottom line is that your own soul will always seek to rejoin its other half and will not rest until it does. It is best described as a nagging feeling of separation and incompleteness. This is not something you are generally aware of, consciously speaking, except to say that if you have always been aware of an innate need or desire to fulfill something that you cannot define or experience with your senses you can be assured that you are indeed searching for the other half of your soul – your Twin Flame.

Now this is not to say that you arrive in third dimension with only half of a soul because you do not. You are a complete and whole soul just as your Twin Flame is a whole and complete soul as well. The experience of a human life in third dimension requires the splitting of your soul only because life on the physical plane relies on the use of all five senses as well as the emotions and all other cognitive processes. Another reason why I do not wish to identify the Twin Flame concept of experiencing with other souls is because there are different kinds of relationships that sufficiently explain why you have experiences with other souls that include family members, spouses, lovers, friends and everything in between. As we go through this lesson you will begin to see how this actually plays out.

Now, enter the affects of childhood. I want to begin this discussion by describing to you that there is tremendous evidence today substantiating the notion that what we intend to experience in any one incarnation has been prearranged well before the physical experience. We selected at least one if not both of our parents as well as other family members and even those friends who have agreed to share or help us work out our karmic experiences together. In this respect you can take comfort in knowing that you are not here having your 3D experience alone but that you are traveling along the path of life with many others; some of whom you have already met and those whom you have not met yet but who will come into your life at the appointed time through coincidence, synchronicity and various signposts. Thus, these karmic experiences are not just limited to what was previously arranged but embraces the whole of the physical experience. This means that we encounter any number of karmic issues we need to work out and we do so from the lessons we learn along the way in or outside of the framework of the relationships we encounter. The experiences and perceptions of childhood will set the stage for any number of underlying emotional / mental issues that generally remain unresolved and will have a direct affect on the types of karmic relationships we will encounter along the path of our lives. When we examine these unresolved childhood issues at close range we see that they can explain why we encountered the kind of relationships we have if we are willing to look below the surface.

Unfortunately, when we arrive into our physical experience we actually lose touch with our Twin Flame or any other non-physical entities typically around the age of seven. This is just about the time when parental influences strongly urges that we stop playing

with or talking to our secret friends. We comply against our wishes but we do so in order to be accepted into the conventions of society. Unfortunately, we quickly learn that such behaviors are generally unaccepted and not well tolerated inside the box of conventional standards. Thankfully there have been those who stood their ground and did not cast away their secret friends but rather they developed their psychic skills. That, of course, is a whole other story!

As the result of the separation from our Twin Flame we are unaware that we need many signposts to guide us all along the way. There are many signposts that serve this purpose as we saw in Lesson 15 and one of them happens to be the relationships we encounter along our path of life that always occurs by coincidence and/or synchronicity. Every individual we encounter along the path of life comes into our life at the time they do for a purpose which is, of course, to help each other work out the karmic issues of life and to learn many valuable lessons. They will always find their way into our lives by attraction relative to the frequency we are vibrating on. The challenge is to recognize the lessons we need to learn from these experiences and then continue to move along the path of our lives holding no grudges or animosity toward anyone.

If you take nothing else from this lesson, please walk away knowing that everyone you have encountered and will encounter along your path of life is also engaged in the process of learning the lessons of life too and that you are all here to share in your experiences – good or bad, right or wrong. No one soul has it completely worked out because I can assure you with all certainty that if they did they would not be anywhere near your frequency, thus, there would be no way you could attract them into your experience other than for them to serve as a guide or a teacher. I really hope that everyone will understand this but if anyone does not grasp what I am describing please let me know. Chances are that you may not be alone so if you communicate this to me I can focus on what is not understood for the benefit of everyone. Again, this is just another example of why feedback is so important.

Unfortunately we fall into ditches of error when we misread the signposts that are there for our benefit; especially when we perceive a relationship to be something other than what it was intended to be. So often we carry emotional voids from childhood into our adult experiences, thus, we will unknowingly attract relationships with the hope that these voids will be filled by someone other than ourselves. That all by itself is precisely where and how we fall into ditches of error. No one human being will ever be in a position to fill those emotional voids that you yourself are not even consciously aware of. So how can you possibly expect someone else to fill them or to make you feel complete when they are not complete either? This is a very important matter we will ultimately have to come to terms with sooner or later otherwise the trails we blaze will become more and more difficult to journey along. The more ditches of error we fall into the more emotional debris we collect and scatter along the way; making it that much harder

to see the forest for the trees. The relationships we attract while we are in this disconnected emotional / mental state of mind will to some degree help move us along the path of life but only for a period of time. Seldom are these relationships permanent and should not be perceived as such. The reason, of course, is that we are supposed to learn and grow – that the experience of life can never be stuck in idle or left to become stagnant.

So where one individual appears to be filling a number of needs they can never fill all our needs at any given time if for no other reason than the fact that our needs change as we journey through this life and so do theirs. It truly does take a village of many people to help us along the path of life; to learn the life lessons we need to learn which, by the way, is why we chose to have a human experience in the first place. It is all part of the process of our evolution. Much like a teacher – no one single teacher can give us all the lessons we need to learn but that it requires having many teachers all along the way who enhance our educational experiences. Many a young student has been redirected because of an inspiring teacher just as many a young student's life has been dramatically altered because of an uninspiring teacher. The challenge is to find the lesson that is buried within those seemingly negative experiences. You can ask yourself a few simple questions such as how did that negative experience affect you and how has it hindered your efforts to become what you intended to become and how can you learn how to overcome the negative effects and turn what happened into a positive experience at any time along the path of your life. That is the beauty of life – you are always afforded growth opportunities at any time or place but it's up to you to act on the challenge or you could just continue to wallow in your perceptions and beliefs that so and so did this or that to you. That may have sounded a little harsh but it is true and when you allow yourself to get to the other side of the shore line you will see the truth plain as day. In fact, you may even wonder how you missed it all along. I did and I can tell you that I experienced about six months of anger that surfaced unexpectedly at the tail end of my journey of self-discovery which I directed right at myself.

Now as we go through life we find that less and less of our emotional needs are met by the people we attract which leave us struggling to find some solid ground even that much more. The need to fill these voids often sends us scurrying around looking under every rock and behind every door to find what will make us feel loved, fulfilled and totally complete. It is important to understand that the more we seek to have our undetected emotional voids filled the greater is the chance we will attract undesirable relationships and the more empty we will be left feeling inside. As we go through life unknowingly stuck in this mental and emotional mindset we scatter around that much more debris along the trials we blaze; as we do the more the personal dramas will continue to unfold which are always manifested in our circumstances and events. If you really desire to know what is going on internally just take a good long look at what you are manifesting on the external because those circumstances and events are really a

mirrored image. Incidentally, we are also very inclined to harbor what can so often become deep seated resentments, hostility and anger toward those whom we perceived let us down. It's not that they let us down, it's just that they gave to us what they could possibly give within their own limitations and what they gave directly relates to the frequency we were on during those times and may still be on.

Whenever I begin working with an individual, given their circumstances, I will typically ask that they do not involve themselves in a new relationship until we have had sufficient time to peel back the necessary layers and examine what lies underneath their own conscious awareness. This is so that they are not bringing left over emotional/mental baggage into a new relationship which, of course, is always a recipe for disaster. The benefits of avoiding a new relationship until you have made your way through the journey of self-discovery puts you in a position of knowing how to attract the kind of relationship you truly desire but this time for all the right reasons instead of all the wrong reasons which often leaves you tired and weary from your futile excursions. An attitude of what is called 'right thinking' really does make all the difference in the world. I like to take it a step further and include an attitude of 'right perceiving and right believing' as well. It's a good mix that will serve you well in all cases.

At this point you should begin to see how the different relationships you encountered played out their roles in your life experiences. When you can look back on them with a clear mind – not through the eyes of unmet emotional or mental needs – you can see the truth of each of those relationships. As you come to understand that no one really did anything to you intentionally but rather they acted out from their own limited knowledge and experience. This is the result of their own personal environments that include the belief structures and perceptions they developed along the way that they are also acting on habitually. While you may have been sorely challenged in many respects, you should still be able to come away from those experiences with a sense of inner peace knowing that what you experienced is now helping you to raise your own conscious awareness. Maslow would say that you are individuating; that you are becoming as you move further up the pyramid of self-actualization and how bad can that be when all is said and done.

Now when I say they did nothing to you intentionally I do not mean this in the same mindset you are inclined to respond to. What I am saying is that the people you have encountered along the path of your life were there for many different reasons that often cannot be explained easily on the emotional or mental plane. Given that these reasons are so extensive it would require a lesson all unto itself or a chapter in a book which I just happen to be addressing in the Odyssey of Self-Discovery. It can get very complicated at this point so if this is something you are struggling with that is keeping you from seeing the forest for the trees please contact me at my Dragon of Drama email

address listed below. If you honestly look within yourself and see that you were unconsciously holding fast to your unmet emotional needs, even from your childhood, you can see then how you attracted all those relationships into your experience. I want to challenge you today to not blame them for the simple fact that they too are experiencing life just as much as you are. Every human being is always seeking some degree of fulfillment, whether it is on the emotional plane and/or on the mental plane.

Everyone seeks to realize their dreams and achieve their goals in a measure of understanding that relates to their conscious and unconscious belief structures as well as their perceptions yet so many people fail to realize their dreams and achieve their goals. The reasons for these failures are so extensive that it warrants a lesson all unto itself. The matter of achieving and defining success is on the list of upcoming lessons and is another topic of discussion I address in detail in my second book. The understanding you gain by revealing the real reasons why you may have failed to realize your dreams and achieve your goals, not your perceived reasons which, incidentally, are not one in the same, will propel you along a new trail that will bring you much closer to achieving your intended desires. It really does become a tough road to travel on when the trail is littered with the debris of all your past experiences. Every single one of these lessons we write are designed to help you eliminate more and more of your debris, your emotional and mental clutter, for the purpose of clearing the path along the trails you continue to blaze and to help set your course in the right direction.

I sincerely hope that this lesson served its purpose in that it brought to your conscious awareness a little bit more information that you might not have know about otherwise. As you begin to look upon your past experiences through the lenses of very different glasses many more truths should start unfolding and as they unfold your psychological load should begin to lighten with each and every lesson. If you will recall the very first lesson addressed what it means to find happiness and to be happy; this is something that must begin from within before it is achievable on the outside. Happiness does not come to you by way of anything outside of yourself including your relationships without having first experienced peace and contentment from within. Then when you experience a true state of happiness it will be because you have opened the door wide to having the experience of happiness and, of course, for all the right reasons.

Now does this mean that once you have concluded your journey of self-discovery that peace will prevail on all levels of your being or that no other obstacles will jump out in front of you along your path of life? Absolutely not! In fact, the higher you raise your frequency the greater will be your challenges but you will meet those challenges from a whole different mental / emotional mindset. Life is truly a never ending series of self-discovery journeys that keep on unfolding at timed increments all along the way. What makes one different than the other is the effort you are willing to put forth in order to

understand the meaning of your life and to fulfill your intended purpose which includes coming to terms with your unmet needs and how they relate to your relationships.

So as I bring this lesson to a close I again want to remind you that the whole purpose of your physical journey is to experience the fullness of life; to take in the good with the bad; to learn those life lessons and to embrace the experience of all the many people who will come into your life every step of the way who will in some way enhance your growth; but always at the appointed time and always in direct relationship to any karma you are working out. It is up to you to learn how to read the signposts. After you have accomplished what you intended to accomplish in this lifetime you may see fit to experience many more incarnations during which you will choose to encounter other experiences. As you do you will continue to split with your Twin Flame yet you will always yearn for that ultimate reconnection. Your Twin Flame will be helping you along your path along with other non-physical entities that will also be guiding you along the way until the journey is completed. Eventually a time will come when you will ascend with your Twin Flame onto a higher plane of your evolution that will no longer require a physical experience.

I thank you again for the opportunity to bring yet another important matter to your conscious awareness. As always if you have any questions or if you need assistance please feel free to contact me at the following email address:
lindaj@dragonofdrama.com.

Linda & Z

The resources for this week's lesson were not derived from any one particular source but were a compilation of my own first-hand experiences as I traveled along my journey of self-discovery which involved reading many books and other resources in addition to my own metaphysical training. Many of the books I relied heavily on are listed over on the My Bookshelf page here on the website. I cannot recommend any one book over and above the other except to say that each of them fell right into my hands at the appropriate time in perfect sync with my journey and is how you should experience this too.