

## Why Ignorance is Really Bliss

As dictated by Z: The journey of life is intended to be a joyous experience for the sake of fulfilling personal desires, goals achieved and lessons learned, but this is not how life turns out for everyone who chooses to embark upon the physical path of life. First of all, it is very important to understand that every human being *chooses* physicality on this plane of existence and that no one arrives here by accident or chance. Second, is that in addition to a desire to enter onto the physical plane, everyone selects a purpose for their physical existence. Third, is that they enter onto the physical plane fully intending to carry out their purpose which becomes their personal mission. In order to accomplish this they set up various sign posts as reminders that will unfold along the path of their lives, often through a series of synchronicities and karmic relationships. They also work in conjunction with those who have agreed to act as physical and non-physical guides. But even with all these essential pieces in place, the path you are intending to travel on is not the one you always end up walking on because you miss the signposts and you do not understand the significance of your karmic relationships, the result is that you are thrown off course. You ask why this is so? Why am I unable to stick to my plans and carry out my mission and fulfill my intended purpose and furthermore why am I so uncertain of my purpose or mission? These questions can be answered intelligently if you are willing to be open-minded because the answers that I will be revealing in this discussion may be contrary to your current beliefs, making them somewhat difficult to accept, assimilate and integrate into your day to day lives.

The answers are this: upon entering into this realm of existence, in which your consciousness takes on a human form, you begin to experience a loss of conscious awareness to the degree that you experience a disconnection from your higher consciousness as you move through the stages of infancy and adolescence. By the time you reach adulthood, you have forgotten your very own purpose for your physical existence and the mission you intended to carry out, however, that purpose remains encoded within you and continues to germinate much like a seed, whether or not your purpose is fulfilled in this lifetime or in another. But not everyone has the same experience, that is, not everyone forgets why they have come to this plane or what they expect to achieve. Some of you are able to recall your intended purpose at a young age, others recall it much later in life. Nonetheless there are those of you who are able to carry out your missions, sometimes in ways that even exceed your initial plans. This occurs because as you pursue your intended paths, the energy you transmit in the pursuit of your mission increases, and as this energy increases you draw to yourselves more and more like-kind experiences, of course, occurring on higher frequencies of thought vibration. Thus, you achieve far more than you ever intended, consequently, your experiences are enhanced.

On the other side of the coin are those of you who fumble around in the dark trying to figure out who you are, let alone to pursue any paths of intention. This occurs because you did not have sufficient experience in knowing how to set up the parameters ahead of time or you acted on impulse instead of giving thought to how you would navigate your physical experience. And since no one can block your free will, in spite of good intentions on their part, you are left to act on your own impulses. Eventually you figure out for yourself that acting on impulse without adequate thought seldom results in a good experience for you. Under the influence of this mental and emotional condition, you proceed along the path of your life without having put in place the essential parameters that would have assisted you in fulfilling your purpose. So instead of fulfilling your purpose you spend your life groping around in the desert of your mind, consequently, you end up making choices and decisions that are not in your best interest. This is why some people are successful when it comes to realizing their dreams and achieving their goals while others seem to be equally unsuccessful in the same attempts. But the situation does not have to remain stuck in what appears to be a perpetual psychological rut. You can snap yourself out of your oblivion, you can recall what it is you were intending to pursue and ultimately accomplish the fulfillment of your mission. How do you get yourself back on track?

The answer is this: you begin by examining your own motives and goals because only you can assess their place of significance in your life. No one else can do this for you, although such karmic intentions may serve as reminders for you. More importantly, is that you must allow the missing links to flow up to the surface of your conscious awareness where you sense them as a ‘feeling’ that something is missing in your life. This feeling serves as a signal to remind you that you are not fulfilling your mission, that something is out of sync with your intended purpose. This does not indicate that you are doing anything wrong or that you are making mistakes that will subject you to the karmic law of cause and effect as if you were being punished. Although you will have to bear the unfortunate consequences that go hand in hand with the choices and decisions you make, but even so, these too serve as a means with which to wake you up out of your unconscious slumber. Consequences are, therefore, a means to help you to reconnect to the intended purpose of your physical existence. When you are suffering from the unpleasant effects of the consequences you bring to bear upon yourself, you cannot help but ask yourself, “what am I doing wrong, why are these things happening to me?” However, you undermine your own efforts when you find it necessary to blame someone or something else for your perceived misfortunes. Your misfortunes are nobody’s fault, least of all your own. It is just that you turned left when you should have turned right – symbolically speaking. So the things that are happening to you are there serving as signals and reminders that there is a much bigger picture, and that you have not yet pieced that picture all together. But not all experiences, aside from your original intentions, are in vain. Sometimes these experiences are a very necessary part of your

physical life because they are serving other purposes which are equally as important, if not more important at the time. For example, you may have entered into the physical realm with plans that included other options or these options became available to you somewhere along the path of your life, examples too numerous to mention. In response to these options, you had to pursue an entirely different path until the one you originally intended for yourself opens up at a more appropriate time.

Another important aspect of physicality is that there are those who enter into the physical plane almost as fast as they leave this plane and do so in a state of hurry and unpreparedness, again examples are just too numerous to describe. Under these conditions, recovery is often quite difficult; therefore, a repeat performance is usually necessary if one hopes to achieve the fulfillment of one's own personal goals. Consequently, the wheel of incarnation often resembles the wheel inside a hamster's cage. In spite of his effort to spin the wheel faster and faster, his efforts ultimately get him nowhere. Unlike the hamster, your efforts are not in vain and all is not lost in terms of your personal experiences because there are always valuable lessons to be learned. The information itself is either assimilated during each life cycle or is assimilated after the life cycles occur. In this case, the knowledge acquired is stored in the Akashic Records where it can be perpetually drawn on. I used this term, Akashic, as it is one you humans are most acquainted with. However, these records are nothing more than a universal memory bank that contains every experience you have ever had and will have, because it also contains all future probabilities, individually and collectively.

Drawing on the knowledge gained, you can then reenter physicality having sufficient experience behind you, also stored in your own personal memory bank in your subconscious mind, to carry out your mission and fulfill the purpose you originally intended to pursue. Of course the moment you choose to have an entirely different experience, you will have to start the process of preparing in advance all over again. The difference between being successful in these endeavors and not being successful in them is relative to the knowledge you acquire from each life cycle and the application of this knowledge. There is no one individual who incarnates for the first time on the physical plane and achieves the complete fulfillment of their intended purpose in that incarnation without any degree of difficulty, simply due to the lack of experience. The wheel of birth and death turns around many times before anyone can say they have truly achieved the fulfillment of their mission. Thus, the more lifetimes you have on the physical plane the easier such anticipated successes are to achieve in each physical life cycle. This accounts for why there have been those individuals throughout the course of your history who have made great strides and have risen to high levels of achievement. They came prepared; they maintained a much higher degree of conscious awareness and were able to avoid all the many pitfalls of the human experience. They had groomed themselves for success, and here we are not talking about monetary or material success necessarily, although that may be the end result, but rather we are referring to the

ability to achieve the goals they came intending to achieve. Many of these master's have left their legacies behind, hence it is in your best interest to learn from them.

These days you risk the loss of your focus while you are learning to navigate physicality, because you are faced with many new challenges that did not exist in the same manner in past times. This is the result of being continually conditioned by your society. You are taught from an early age to focus on self-reliance for the sake of perpetuating material and monetary gains as well as to maintain good health, all the while your own efforts are being undermined by strong external influences. That is not to say that you should not experience prosperity or have good health because you should but the pursuit of it should not become your god anymore than you should worship your prosperity or physical body as if it too were a god. May I remind you please, that your physical body is nothing more than an outer cloaking that you wear out of necessity in order to exist in a third dimensional environment and that this body is temporary, and that your prosperity is left to the desires of those who follow after you. When you pass from this existence, that is, when your time here on the physical plane has concluded you cannot take your physical body or your prosperity with you, as you well know. But what you do take away from your physical journey is a wide range of experiences - some good, some not so good; some desirable and some not so desirable. However, everything that you experience in your physical existence has meaning and is significant to you and to those who have entered into this reality with you or who agreed to stay behind and coach you from outside of the physical realm. Thus your life story becomes a shared experience in which many others will celebrate the totality of your experiences and learn from them as well.

Now, here is where we begin to talk about why ignorance is really bliss. As you are having your physical experience, and here I am mostly referring to those of you who are not as experienced in the complexities of humanity as are those who have had multiple physical life experiences, you unfortunately fall prey to the conditioning of your modern society. Once upon a time, you chose to have a variety of life conditions and situations for the sake of creation and expression. Given that creation and expression is boundless you have the ability to have such experiences on many planes of your being simultaneously. Pure consciousness knows no boundaries nor is it bogged down by any form of limitation. But life on the physical plane is much different than it is on other planes of existence because here you are still bound by your emotions, whereas others have successfully worked this matter out. I will not deceive you by attempting to paint a picture that does not exist, universally speaking, so I will say to you that there are civilizations that have worked out the matter of emotions to the degree that their emotional pendulum swung completely in the opposite direction. What I mean by this is that they virtually shut down their emotions and no longer feel their experiences on an emotional level. This over-cultivation is not any more useful or practical than those of you who are still emotionally under-cultivated. There has to be a balance, if for no

other reason than to say that balance maintains a healthy equilibrium, on any plane of being. Balanced emotions are naturally conducive to the success of your life experience and that which you wish to achieve no matter who you are or where in the universe you extend your consciousness.

So as your race began to cultivate its means of survival it began its ascent toward self-preservation, thus becoming more and more self-reliant and less and less attached to its higher self and the whole of its kind. This caused a disturbance in the flow of energy, which at one time was a unified field of electromagnetic transmitting and receiving signals, but as mankind fell further and further down into its own pit of disparity, its energy output descended onto lower vibrational frequencies. As this energy was declining, and still is by the way, fear took hold and rooted itself deep within the fibers of your genetic encoding from generation to generation. Thus the more detached you became from your higher state of consciousness, the less brain function you utilized and the more you became dependent on outside sources for your survival. Now there is much more to this story which I will not speak about now because it lies outside of the purpose of this discussion which, of course, is to describe to you why ignorance is really bliss but not in the way you think it is.

So as your societies became more and more reliant on outside sources for its survival it also lost its instinctual ignorance. Now I realize that I am making a statement that will surely appear to you to be a contradiction, an oxymoron, or a dichotomy, to use your human terms, but there is something about ignorance you no longer understand because it has been taken away from you. Your own inclination to be naturally ignorant has been stripped away and in its place are the conditioning of your mental faculties by your medical society, your banking industries, your merchandising industries, your food industries, your governments – nationally and internationally, and so on down the line of bureaucrats. Each of these entities is a mini-government, bureaucracies at best, who instruct you to toe the line in some form or fashion. Rather than to take a stand for yourselves as a collective whole, you allow these bureaucracies to control your mental faculties to a large extent. Consequently, you are left with little to work with in terms of achieving your own goals and even those are often driven by the very same conditioning. You are conditioned from a young age to rise to the top otherwise you are considered a failure and are worthless in the eyes of those who see you as failing to make your mark in society, in which you are expected to contribute to the cause – to feed the societal machine. This is a machine that operates on a psychic level that not only runs your world but runs your personal life as well.

Not having basic instinctual ignorance at your disposal, you are unable to rise up out of the ashes of social conditioning and recover your own innate circuitry. Ignorance, not conditioning serves as a means to alert you, to jar your memory, so as to remind you of who you really are. Conditioning keeps you oppressed and in many cases even

depressed because you are left with a sense of helplessness and hopelessness. On the other hand, ignorance rises up within you, it tells you that something is out of sync, that something has gone awry, and that your undivided attention is needed. For those of you who are able to hear the signal being transmitted within your own circuitry, your own ignorance becomes your very best friend because it has the power to provide contrast, that is, the recognition of a before and after, a kind of good versus bad or a right versus wrong, not that either of these conditions really exists as reality is an illusion to begin with. Nonetheless, from the ashes of ignorance comes a renewed spirit. Even your very own scripture speaks to the matter concerning ignorance as it clearly states that the people die from ignorance. It is not by chance that the word applied to the problem was indeed “ignorance” and not “conditioning.” You see, there is a very wide gap between the two words. Your own dictionary defines ignorance as having a lack of knowledge or information and it defines conditioning as a significant influence, a type of training or being accustomed to behaving in a certain way or to accept certain circumstances. So you cannot help but to see for yourself that there are absolutely no correlations between the words ignorance and conditioning. Thus the concept of ignorance, being nothing more than a false state of bliss, is worthy of the role it can play in your life if you are willing to see it for what it really is. It is by far better to be ignorant than it is to be conditioned. When you exist in a conditioned state of mind the freedom of choice is revoked because you are expected to accept certain conditions and usually without negotiation; but when you live in a state of ignorance there is always an open door for you to walk through in which you are free to make new choices, to chart new courses and to cultivate your own beingness.

Although it is said in your societies that ignorance is bliss, there is a big difference in how it is defined or is perceived from its truest sense of definition. You are so often of the belief that you are better off not knowing about things that threaten you or your environment in any manner of speaking, thus you risk not being mentally, emotionally or even physically prepared to meet the challenges that are destined to confront you in future events. In this sense, ignorance is not bliss. You should not avoid knowing the truth about anything that is bound to enter into your reality, no matter how difficult that truth may be to process or is perceived as difficult to process, which is seldom the case, because you make up such difficulties in your very own minds – a perceived illusion. Inevitably you will have to confront such situations sooner or later, avoiding them will only perpetuate the problems at hand so you might as well take your head out of the sand, stand up strong and with confidence face whatever arises before you, learn from it and move on; after all you do attract these things into your reality for any number of reasons. Ultimately, there is nothing that can destroy you unless you allow it too by the energy of your very own thought processes. Life here on the physical plane, or on any plane, is merely a learning experience of individual and collective expression. It is not something that you can realistically fail at, at least not according to your definitions of

failure. It is merely opportunities for personal growth and the expansion of your consciousness. So it is in this regard that ignorance is really bliss when you see your own ignorance as a means of overcoming the many obstacles and challenges that beset you in your day to day lives.

As I bring this discussion to a close I hope that this information does not fall on deaf ears but that you would be willing to keep an open mind so as to receive the truth of the message. I personally have nothing to gain from conveying this message to you, but you have everything to gain. So now I will answer your final question: “how do I restore my innate ignorance so that I may walk upon a new path that is not quite so conditioned?” The answer is this, do everything you can to step outside of your conditioning environment on the mental, emotional, physical and spiritual plane. The moment you feel the internal switch flip to the on position in your mind and in your heart, you will start to become consciously aware of all the ways you are being conditioned by the many bureaucracies that are controlling you. Even some of your parents have been caught up in the conditioning simply by default, so please do not blame them anymore than you should blame yourself for not being aware of the very same information. As you become more accustomed to viewing these matters through a different set of lenses you will become more consciously aware of what is really going on around you and with you. It is at this time that you can step off the conditioning bandwagon and begin to chart a new course by allowing your own innate ignorance to rise up into your conscious awareness for the sake of determining what is ultimately best for you and your life experience, not what is best for the bureaucracies. And as you begin to integrate these awareness’s into your own environment, you will find yourself turning away from many of the external things you have come to rely on for your survival. The shifting of your conscious awareness is not a one-time event but will be an ongoing process. There are many among you who have already made the shift and they can be found in many walks of life as you begin to seek them out.

Now all of this enlightenment is not intended to cause you to become a rebel or a renegade in your society, but it intended to help you to shift your thinking from the plane of conditional acceptance to the plane of pure ignorance where you can begin rebuilding a more suitable lifestyle for yourself. Examples of such situations are the accounts being told these days by many corporate executives who have stepped down off their corporate thrones because they saw the conditioning in themselves and in their environments, just as I am describing it to you in this discussion. Upon stepping down from their noble executive stature, they were ignorant in the sense that they really were not certain what direction they would go in, what they would pursue or how they would arrive at a destination because no one would be there to condition them, but out of the ashes of their ignorance, having shed their conditioning, they saw the contrast, whether they recognized it by name or not and they proceeded to do the thing that gave them the most undeniable sense of personal pleasure and fulfillment that ultimately serves

mankind in a positive way. They had discovered their purpose and moved forward with confidence in the pursuit of their mission even when they could not see how it would all come together. Nonetheless, they remained focused on the end result once they understood what the end result was to each of them. This is just one example, there are many others, namely the individual who authors this website, who also had to rise up from the ashes of her ignorance, free herself from the same conditioning and finally set her sails in the direction she had always intended to pursue but had lost her direction along the way. So you see then, ignorance is really bliss!

I thank you for taking the time to read through this discussion.

Many Blessings,

Z

*Truth is by nature self-evident. As soon as you remove the cobwebs of ignorance that surround it, it shines clear - Mahatma Gandhi*

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*To succeed in life, you need two things: ignorance and confidence - Mark Twain*