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Personal & Non-Personal Update

Every so often I like to publish an update here on the website as it pertains to my own journey of self-discovery. I do this because it is important that my readers know that I am not exempt from the curve balls life throws out from time to time and that I too have had my fair share of adverse circumstances to contend with. To say that the scope of knowledge, wisdom and insight I have spent years acquiring, often learning life lessons the hard way, are not sorely put to the test from time to time, put through the fire of continual refinement would be an understatement. What is different about the way I approach adversities today is not the same as how I used to approach adversities, which of course was mostly from a highly reactive state of mind rather than a proactive state of mind or at least somewhere in the middle, hence all the personal drama I encountered in the past, my dragon of personal drama.

But as the journey of self-discovery is ever ongoing, I continue to accumulate very useful tools in my once empty spiritual toolbox. Each of these tools represents all the spiritual principles I discovered. I say discovered only because I did not know these principles even existed so to me these were all brand new discoveries. However, the challenge wasn't just becoming aware of these principles; that was the easy part. The challenge was in understanding how these principles were fundamentally operating in my own life. In my case this was all uncharted territory. It seems that the more I come to know, I know by way of firsthand experience, often painfully so later backed by formal and informal avenues of ongoing education. In other words, I am hard pressed to live what I preach to the best of my ability because I have experienced the before and after firsthand. The goal is to keep progressing as opposed to striving for perfection. Although practice makes perfect, striving for perfection is stressful, not to mention doing so opens the door wide to feeling like a failure when one cannot attain to higher standards, which is not only potentially regressive, feeling like a failure can be quite damaging.

I know all too well what it's like to be down in the trenches of life. I know what it feels like to be abandoned and blatantly rejected, to feel as though I no longer existed. I know what it's like to experience transference, to be told very hurtful things and be wrongly accused. I know all too well what it feels like to be hurt right down to the core of my being. I know what it feels like to cry a bucket, a river and an ocean of tears that didn't just feel like they came from someplace deep within me but that they came from somewhere outside myself, as if someone else was crying right along with me. I know what it feels like to know that aspects of my life as I once knew it are no longer the same and may never be the same. I know what it feels like when trust isn't just violated but is obliterated. I know the threat of financial devastation. I know what it feels like to be physically, mentally, verbally, emotionally and sexually abused. I know what a broken relationship feels like because I have experienced it. I know what it's like to be married, divorced and even widowed. I know what it feels like to think that a heart so badly broken cannot be mended or that the gaping hole in the fabric of personal reality cannot be mended. I

have experienced firsthand that time can and does do for us what we don't think we can do for ourselves. I also know what it is like to stand on the edge of insanity and come dangerously close to not making it back from having been so utterly broken. More importantly is that I know what it is like to pull myself up by my proverbial bootstraps, to embark on that long road to inner healing and recovery because I have been there and done this too.

Even though this path I have been traveling on for the past ten years is intended, given that I am a seeker of Truth, hence my ongoing quest which leads to many a startling discovery, there are times when I find myself embarking on an unplanned for journey of discovery that lately hasn't been so much about making any new self discoveries as it has been about making very surprising discoveries of a non-personal nature. Regardless of the nature of the discoveries made, these phases of my journey are very characteristic in that they pull me away from my day to day activities or at the very least tend to limit my daily activities, putting many a task on the back burner for an undetermined period of time and then having to play catch up afterwards. Because these periods of discovery require my undivided attention and given that it usually involves time consuming reading, research and investigation into familiar and unfamiliar sources and resources, some that even take me by surprise, I literally fall off the radar until that phase of discovery comes to its unknown completion. In other words, I do not know when these phases are going to begin much less know when they are going to end. They start when they start and they end when they end, when what I am supposed to know about is known and to the degree or extent that I am to know about it, whatever the "it" happens to be at the time.

In the course of all this reading, research and investigation into a myriad of matters that sometimes do not seem to be related but actually do relate, it has become more apparent that they tie into the very same principles covered so extensively in the lessons published here on the website. These principles are immutable governing laws of operation; immutable in the sense that they exist and operate such as they do; mutable in that outcomes can and do change as different causes are continually put into motion. However, recognizing those causes is often very challenging especially when the dots don't seem to connect. Given that we are all creators and co-creators of our reality individually and collectively, it is by our own efforts consciously or unconsciously that the wheels of these laws are kept in perpetual motion and will remain in motion until we finally figure out that we are the perpetuators of both the causes and the effects, hence progression of the mass population from 3D to fourth density has been halted.

I have come to realize that people are very much in need of this life changing information in spite of technological advances. Personal development is no less important, in fact it is even more important now than it ever was before. The fact of the matter is that we are not alone in the universe and that our spiritual progress as a species is being tracked, hence inner development is crucial at this stage of human evolution. Because events are so changing rapidly, this is not the time to bury one's head in the sand nor is it the time to exist in a state of oblivion or blatant denial. Truths not confronted with previously are uncomfortable because it goes against the

grain of our comfort zones, what we are accustomed too as well as our very outdated belief structures all across the board.

It is time to wake up and take notice that change is happening here and now; disclosures are occurring in plain sight. ..

The UFO phenomenon isn't a phenomenon, it is very real. There are influences from various factions of positive and negatively oriented ET's interacting with each other and interacting with humans on various levels: i.e. ordinary citizens, military and levels of governments including NASA working in conjunction with the SSP (Secret Space Program) to name but a few. The fact of the matter is that these ET's have been visiting our solar system for many thousands of years, have occupied planets including earth, moons and even asteroids on the surface as well as beneath the surface where whole cities have been constructed that are technologically advanced beyond our imagination. Because this and so much more, concerning things like advanced technology, free energy and healing without drugs has been a well kept secret for a very long time, many people have risked their lives attempting disclosure. However, in recent times more and more disclosure is being revealed to the general public spread around in every form of media. The state of global economics and political affairs, nationally and internationally, is NOT at all as it appears on the surface. A great deal of corruption lies and deceits hidden beneath the surface is no longer as hidden but is being disclosed by insider "intel" from individuals and group alliances nationally and internationally that have taken a stand against the corruption and more so against those who have corrupted these systems, which includes the Federal Reserve, Wall Street, banking institutions, pharmaceuticals, education (standardized testing), the AMA (American Medical Association), the majority of the media (including news, books and magazines) TV and movie production and on the list goes. However, thanks to the internet this information is becoming more widely known globally speaking; there is after all protection in numbers. If any of this peaks your interest, links will be provided on the My Bookshelf page here on the website.

As people continue to experience varying degrees of instability in their personal lives they also continue to suffer from the unpleasant effects as the result of not accurately attributing their personal circumstances to the real causes, which is rarely how things appear on the surface but usually goes well beneath surface appearances. And because mind control techniques play a role in how you experience your reality too, it is critical that any degree of instability, hence any adverse circumstance occurring in your reality not be taken lightly or simply shrugged off as a misfortune, there is always an underlying cause that can be identified. When the dots are not connected, the result is an erroneous interpretation of the effects of these causes which makes it even more difficult to put the causes and the effects in a reasonably accurate framework. Thus reality is distorted due to skewed personal perspectives and perceptions not to mention the effect from undetected outside influences, many of them projected at you right from your TV. Even your online appliances are monitoring your activities. But thanks to the Snowden report, the

invasion of our privacy was brought to the attention of the public. Hence, those who benefit from disclosures are those who pay attention.

The problem is that there are still so many people who don't know how much they need an entirely different perspective, preferably one that stands outside of blame, which of course is a knee-jerk reaction to pretty much anything that rubs people the wrong way. Incidentally, blaming someone or something is never the resolve to adversity. Blame propagates even more blame and with blame comes more negativity and likewise the unfolding of more personal drama as like surely does attract like...and mind control, psychically as well as from your own neural processes.

The quality of your life should really matter not just because it affects how you experience your reality but because it also affects the lives of others and not just those in close proximity to you. We affect each other because we are all consciously connected. There is no this consciousness and that consciousness. There is but ONE consciousness of which we are all emanations of, expressing the one consciousness individually. As every truth you encounter that speaks to the nature of your personal reality spans across the space-time continuum, everyone is directly and indirectly affected, consciously or unconsciously. Thus for every person who experiences inner growth, many others are affected.

As we do not stand alone in terms of our personal experiences, someone on this planet is on the same frequency as you are and is psychically picking up the signals you are transmitting on that frequency, force field, energy wave, whatever is the latest buzz phrase, not to mention the listening ears of ET's who are also picking up on those signals and may be communicating with you positively or negatively via mental telepathy. Be aware that negative ET's employ mind control techniques. That is why it is critical that you learn to distinguish your own thought patterns from those that are psychically/telepathically influenced. This is apparent if you find yourself saying or doing something that you would not normally say or do. The reasons stack up when it comes to why the quality of your own life deserves the effort needed to peel back the necessary layers as well as the time needed to expose the real causes of the circumstances you encounter through the course of your life, not the perceived causes, as well as how you react to those circumstances.

As much as people want instant fixes and instant gratification there are no magic wands out there, no potions or pills, no methodologies that do not require a change from within. Changing perspective requires changing something within. Healing requires changing something within too. In some cases the change might be very significant but the results are well worth the effort. Meditation, yoga, mindfulness and journaling, even dreams are examples of catalyst that can bring about change as answers and life changing truths are often revealed in these non-subjective non-oppositional states of open-mindedness where reality is experienced very differently. And speaking of experiencing reality differently, pyramids have become a matter of scientific

investigation, having been extensively described in the Ra Material, aka The Law of One (links provided in upcoming lessons and on the My Bookshelf page).

Although the principle of the law of cause and effect stands in that it operates exactly the same way every single time a cause is put in motion, there is still a degree of uncertainty and to some extent even a disbelief in the law itself. However, this is not a new topic of discussion, given that it has been written about in the course of many of the lessons published here on the website, still it is not understood in relation to predetermined outcomes, potentialities and the affect of simply changing one's mind. As the law of cause and effect is no respecter of person's, likewise its method of operation has no regard for a person's credentials. Whether conventional, spiritual or otherwise, the law works exactly the same in all cases. In spite of any confusion, disregard, disbelief or whatever, one thing is certain; it is that the law of cause and effect is self-evident. One doesn't have to go to any great lengths to see just exactly how this law operates on an individual and on a collective basis once you know what to look for. Because the disregard or disbelief in this law is often attributed to a blatant lack of understanding just how this law really works segues into what will become the next lesson written about even more extensively.

As I delve into writing and publishing this next lesson here on the website, I would encourage anyone who is dealing with any degree of difficulty in understanding the true nature of their personal circumstances to be certain to read this upcoming lesson (Lesson 123).